

The Voice Within

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Linda Burgess (AUS)
音乐: The Voice Within - Christina Aguilera



- 1-2&3-4 Cross/rock right over left, rock back onto left, turn $\frac{1}{4}$ right & step forward right, step forward left & pivot $\frac{1}{2}$ turn right (weight to right)
- &5-6&7-8 Step left beside right, step forward right, pivot $\frac{1}{2}$ turn left, step right beside left, step forward left pivot $\frac{1}{2}$ turn right (weight right)
- 1&2-3&4 Turn $\frac{1}{2}$ right & step back left, turn $\frac{1}{2}$ right & step forward right, step forward left (triple turn forward), step back right, turn $\frac{1}{2}$ left & step forward left, step forward right & hook left behind right
- Optional-triple step forward left, right, left & hook**
- 5&6-7&8 Step back onto left, turn $\frac{1}{4}$ right & step forward right, step forward left & hook right behind left, step back right, turn $\frac{1}{2}$ left & step forward left, step forward right & hook left behind right
- 1&2&3-4 Step back left, step right to right, cross/step left over right, step right to right, rock/step back left, rock forward onto right
- &5-6-7&8 Step left to left & touch right behind left, unwind $\frac{3}{4}$ right, stepping right slightly forward, step forward left, step forward right & pivot $\frac{1}{2}$ left (weight left)
- 1-2-3-4 Step forward right & pivot $\frac{1}{2}$ turn left (weight left), sweep right around to front & step forward right, sweep left around to front & step forward left
- 5&6-7&8 Step right to right, turn $\frac{1}{4}$ left & step forward left, step forward right, turn $\frac{1}{2}$ right & step back left, turn $\frac{1}{2}$ right & step forward right, step forward left (triple turn forward)
- Optional-triple step forward left, right, left**
- 1&2-3&4 Step back right, turn $\frac{1}{2}$ left, stepping left beside right, step forward right, step back left, turn $\frac{1}{2}$ right, stepping right beside left, step forward left
- 5&6&7-8 Step forward right, pivot $\frac{1}{2}$ turn left, step forward right, pivot $\frac{1}{2}$ turn left, rock/step forward right, rock back left
- &1-2&3&4 Step right beside left, rock/step left to left, rock/step right, step left beside right, turn $\frac{1}{4}$ & step forward right, turn $\frac{1}{4}$ right & step left to left, turn $\frac{1}{2}$ right & step right to right (full turn)
- Optional triple step to side, right-left-right**
- 5&6&7-8 Cross/step left over right, step right to right, step left in place, cross/step right over left, step left to left, step right in place, step forward left
- 1-16 Repeat the last 16 counts

REPEAT

RESTART

On the 2nd wall you will restart after count 40 facing front

On the 5th wall on count 16 step forward right & slow pivot $\frac{1}{2}$ turn to left, weight left, music stops for moment.

Restart facing back when the beat starts

FINISH

Keep dancing through to full turn right (count 44) facing front