

Viva Life On Mars

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Emma Wilkinson (UK)
音乐: Viva Life On Mars - Robbie Williams



CHARLESTON STEPS, SAILOR TURN

1-2 Touch forward right, step right back
3&4 Left coaster step
5-6 Touch forward right, touch right to right
7&8 Right sailor ½ turn right

CHARLESTON STEPS, SAILOR TURN

1-2 Touch forward with left, step left back
3&4 Right coaster step
5-6 Touch forward with left, touch left to left
7&8 Left sailor ¼ turn left

RHUMBA BOX, BACK LOCKING SHUFFLE, PIVOT TURN

1&2 Step right to right, bring left together with right step forward right
3&4 Step left to left, bring right together with left, step back with left
5&6 Step back right, lock left over right, step back right
7-8 Touch left back, pivot ½ turn left

PIVOT TURN, FULL TURN, TOUCH FLICK & SHUFFLE

1-2 Step forward right, pivot half turn left
3&4 Traveling forward make full turn stepping right left right (alternative: right shuffle forward)
5-6 Touch left to left, flick foot out side ways, snapping fingers (alternative: tap left heel forward, tap left toe back)
7&8 Left shuffle forward

STEPS & HIP BUMPS

1&2 Step right diagonally forward, bumping hip, bump left hip back left, bump right forward right
3&4 Bump left hip back left, bump right forward right, bump left hip back left
5&6 Step right diagonally back right bumping hip, bump left hip forward left, bump right back right
7&8 Step left forward diagonally left bumping hip, bump right hip back right, bump left hip forward left

PIVOT TURN, SHUFFLE, CLAPS

1-2 Step forward right, pivot ½ turn left
3&4 Right shuffle forward
5-6 Step left forward, clap hands
&7&8 Step right beside left, step left forward, clap hands twice

STEPS & HIP BUMPS

1&2 Step right diagonally forward, bumping hip, bump left hip back left, bump right forward right
3&4 Bump left hip back left, bump right forward right, bump left hip back left
5&6 Step right diagonally back right bumping hip, bump left hip forward left, bump right back right
7&8 Step left forward diagonally left bumping hip, bump right hip back right, bump left hip forward left

ROCK, RECOVER COASTER, CLAPS

1-2 Rock forward right recover left

3&4 Right coaster step
5-6 Step left forward, clap hands
&7&8 Step right beside left, step left forward, clap hands twice

REPEAT
