

# Virgo Strut

拍数: 28      墙数: 0      级数:  
编舞者: Michael Flores  
音乐: Always Makin Love - The Kentucky Headhunters



If danced as a couples dance, the couples should start in Promenade Position

- 1            Touch left toe to left side slightly back
- 2            Touch left toe to right instep
- 3            Touch left toe to left side slightly back
- 4            Set left foot beside right foot
- 5            Touch right toe to right side
- 6            Touch right heel to the front
- 7            Touch right toe to right side
- 8            Touch right toe behind left foot
  
- 9-11        Right vine - right, left, on last right step, turn  $\frac{1}{4}$  to the right
- 12          Kick left foot forward
- 13-14      Step left foot forward and bump left hip forward twice
- 15-16      Shift weight to right foot and bump right hip back twice
  
- 17          Step left foot forward
- 18          Pivot on ball of left foot  $\frac{1}{2}$  to the left as you swing right foot (keep weight on left foot)
- 19&20      Right shuffle forward - right, left, right
- 21&22      Left shuffle forward - left, right, left
- 23          Step right foot forward
- 24          Step left foot forward
  
- 25          Step right foot forward
- 26          Stomp left foot next to right foot
- 27          Swivel heels to the left (men tip hats)
- 28          Swivel heels to center

**REPEAT**

---