

Vertical Expression

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Robbie McGowan Hickie (UK)
音乐: The Vertical Expression (Of Horizontal Desire) - The Bellamy Brothers



STEP, PIVOT ½ TURN LEFT, RIGHT SHUFFLE ½ TURN LEFT, ROCK, ROCK, FLICK/KICK-BALL-STEP

1-2 Step forward on right foot, pivot ½ turn left
3&4 Right shuffle forward making ½ turn left stepping, right, left, right
5-6 Rock back on left foot (pushing hips back), rock forward on right foot
7&8 Low flick/kick left foot forward, step ball of left foot next to right, step forward on right foot

ROCK, ROCK, LEFT LOCK STEP BACK, STEP BACK, SLIDE, LEFT SHUFFLE FORWARD

1-2 Rock forward on left foot (pushing hips forward), rock back on right foot
3&4 Step back on left foot, lock right foot over left, step back on left foot
5-6 Long step back on right foot, slide left toe toward and across right ankle
7&8 Left shuffle forward stepping, left, right, left

SIDE ROCK, ROCK, TRIPLE STEP FULL TURN LEFT, SIDE ROCK, ROCK, SYNCOPATED CROSS STEPS

1-2 Rock right foot out to right side (pushing hips right), rock left foot in place
3&4 Triple step traveling full turn left stepping, right, left, right
5-6 Rock left foot out to left side (pushing hips left), rock right foot in place
7&8 Cross left foot behind right, step right foot to right side, cross left foot over right

Counts 3&4 can be replaced with a crossing shuffle (right over left) to avoid the full turn

STEP, CROSS, CHASSE ¼ TURN RIGHT, STEP, PIVOT ½ TURN RIGHT, LEFT SHUFFLE FORWARD

1-2 Step right foot to right side, cross left foot behind right
3&4 Step right foot to right side, step left foot next to right, step right foot ¼ turn right
5-6 Step forward on left foot, pivot ½ turn right
7&8 Left shuffle forward stepping, left, right, left

REPEAT