

# Verbal Renowned

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Gail Cook (AUS)  
音乐: Overcome - Mark McKenzie



- 1-2-3&4      Rock right over left, recover left, ¼ turn right while making a shuffle forward right, left, right  
5-8      Take full turn forward stepping left, right, step forward left, close right
- 1-2-3&4      Rock right to right side, recover left, sailor step right behind left  
5-6&7-8      Rock back on left, recover on right, close left, step forward on right, hook left heel to right shin taking a ½ turn left
- 1&2-3-4      Shuffle forward left, right, left, rock right to right side, recover on left  
5&6-7-8      Cross shuffle right over left, step left back into ¼ turn right, step right to right side taking ¼ turn right
- 1-2&3-4      Step left forward, hook right leg up to left calf, step onto right foot, step forward on left, sweep right foot into a ½ turn left  
5-6-7&8      Step right forward, scuff left foot forward, cross left over right, & right back, left to left side
- 1-2-3&4      Rock right over left, recover on left, make a 1 ¼ turn right stepping right, left, right  
5&6-7-8      Sailor left behind right, lock right behind left, unwind ½ turn right
- 1&2-3-4      Cross shuffle left over right, step right back into ¼ turn left, step left forward into ½ turn right  
5-8      Rock forward on right, recover on left, step back on right, drag left foot back to right
- 1-2-3&4      Rock left to left side, recover on right, step left behind right, step onto right, point left toe to left side  
5-8      Take 1 ¼ turn left stepping left, right, left, slide right to right side
- 1-2-3&4      Hips right, left, right, right  
5-8      Full roll left stepping left, right, left, scuff right foot beside left (ready start cross rock)

## REPEAT

## TAG

On the 5th wall after 40 counts of the dance add in the next 4 counts and then restart the dance from the beginning

- 1-2-3-4      Hips right, left, right, left