

# Velocity

COPPER KNOB  
BY STEPHEN

拍数: 68      墙数: 4      级数:  
编舞者: Masters In Line (UK)  
音乐: Be My Baby Tonight - Sammy Sands



## SAILOR STEPS, KICK BALL STEPS TO SIDE

1&2      Cross right foot behind left, step left to left side, step right to right side  
3&4      Cross left foot behind right, step right to right side, step left to left side  
5&6      Kick right foot to left diagonal, step right next to left, step left to left side  
7&8      Kick right foot to left diagonal, step right next to left, step left to left side

## CROSS ROCK, ¼ TURN, STEP ¾ TURN, SLIDE RIGHT, LEFT KICK BALL CROSS

1-2      Cross rock right foot over left, recover weight onto left  
3-4      Make ¼ turn right on ball of left stepping forward onto right, make ½ turn right stepping back on left  
5-6      Make ¼ turn right step right foot big step to right, slide left foot towards right  
7&8      Kick left foot to left diagonal, step left foot in place, cross right over left

## ¼ TURN, ¼ TURN TOUCH, ¼ TURN TOUCH, TOUCH ACROSS SIDE, TOE SWITCHES, KICK BALL STEP

1-2      Make ¼ turn left stepping forward on left, make ¼ turn left on ball on left touching right to right side  
3-4      Make ¼ turn left on ball on left touching right to right side, touch right toe across in front of left  
5&6      Touch right to right side, step right foot next to left, touch left to left side  
&7      Step left foot next to right, touch right to right side  
8&1      Kick right foot to left diagonal, step right next to left, step left to left side

## RIGHT JAZZ BOX, CROSS UNWIND FULL TURN, RIGHT SIDE CHASSE

2-3      Cross right foot over left, step back on left  
4      Step right to right side  
5-6      Cross left foot over right, unwind full turn right on ball of left foot  
7&8      Step right to right side, step left next to right, step right to right side

## CROSS ROCK, ¼ LEFT SHUFFLE, ½ RIGHT SHUFFLE, BACK KICK BALL CHANGE

1-2      Cross rock left foot over right, recover weight onto right foot  
3&4      Make ¼ turn left stepping forward onto left foot, step right next to left, step forward on left  
5&6      Make ½ turn left stepping back onto right foot, step left next to right, step back on right  
7&8      Kick left foot back and low to ground, step in place with left foot (slightly back) step right in place

## TOE HEEL SWIVELS, JAZZ BOX

1-2      Touch left toe next to right as right heel swivels to left, touch left heel to left diagonal as right heel swivels to right  
3      Cross left foot over right as right heel swivels to left  
4-5      Touch right toe next to left as left heel swivels to right, touch right heel to right diagonal as left heel swivels to left  
6      Cross right foot over left as left heel swivels to right  
7-8      Step back on left, step right to right side

## HEEL DROPS WITH KNEES, TWIST ¼, TWIST ½, ROCK FORWARD, ½ TURN SHUFFLE

&1      Rise up onto balls of both feet as you pop both knees forward, drop heels back to floor and knees straight

- &2 Rise up onto balls of both feet as you pop both knees forward, drop heels back to floor and knees straight
- 3-4 Twist both heels to left as you turn  $\frac{1}{4}$  turn to right, twist both heels to right as you turn  $\frac{1}{2}$  turn to left
- 5-6 Rock forward onto right, recover weight onto left
- 7&8 Make  $\frac{1}{2}$  turn right as you step forward on right, step left next to right, step forward on right

**TOUCH SCOOT STEP WITH  $\frac{1}{2}$  TURN, ROCK BACK, SKATES FORWARD, 2 PIVOT TURNS**

- 1 Make  $\frac{1}{4}$  turn right touching ball of left behind right heel
- &2 Make  $\frac{1}{4}$  turn right lifting left and scooting back on right, step back on left
- 3-4 Rock back on right foot, recover weight onto left
- 5-6 Skate right to right to right diagonal, skate left to left diagonal
- 7-8 Skate right to right to right diagonal, skate left to left diagonal

**On counts 5-8, the skates are done with a swiveling action on balls of feet**

- 9-10 Step forward on right, pivot  $\frac{1}{2}$  turn left (weight ends left)
- 11-12 Step forward on right, pivot  $\frac{1}{2}$  turn left (weight ends left)

**REPEAT**

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