

# Van Go

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数:  
编舞者: Michele Perron (CAN)  
音乐: Precious Time - Van Morrison



## FORWARD-KICK, BACK-TOUCH, BACK-TOGETHER-FORWARD, TURN-TOUCH

1-2      Right step forward, left kick forward (with clap)

**Option: knee hitch**

3-4      Left step back, right touch beside left

5&6      Right step back, left step beside right, right step forward

7-8      Execute ¼ turn left with left step forward, right touch beside left

## FORWARD-KICK, BACK-TOUCH, BACK-TOGETHER-FORWARD, TURN-TOUCH

9-10      Right step forward, left kick forward (with clap)

**Option: knee hitch**

11-12      Left step back, right touch beside left

13&14      Right step back, left step beside right, right step forward

15-16      Execute ¼ turn left with left step forward, right touch beside left

## FORWARD-TOGETHER-BACK, BACK-TOUCH, BEHIND-SIDE-SIDE, BACK-TOUCH

17&18      Right step diagonal right forward

&18      Left step beside right, right step diagonal left back

**Option: forward and back coaster step**

19-20      Left step diagonal left back, right touch beside left

21      Right step behind and across left

&22      Left step to side left, right step to side right with ¼ turn left

23-24      Left step back, right touch beside left

## FORWARD-TOGETHER-BACK, BACK-TOUCH, BEHIND-SIDE-SIDE, BACK-TOUCH

25      Right step diagonal right forward

&26      Left step beside right, right step diagonal left back

**Option: forward and back coaster step**

27-28      Left step diagonal left back, right touch beside left

29      Right step behind and across left

&30      Left step to side left, right step to side right with ¼ turn left

31-32      Left step back, right touch beside left

## FORWARD-KNEE, FORWARD-KNEE, KICK AND LUNGE, HIP & HIP

33      Right step diagonal right forward

34      Left knee hitch across front of right

**Keep knee position low and allow hips to twist right**

35-36      Left step diagonal left forward, right knee hitch across front of left

**Keep knee position low and allow hips to twist left**

37      Right foot kicks across front of left to side left across front of left

&      Right knee sweeps to side right (to the right rotation), right knee bent in front of left

**Right foot to left side of left shin. Allow hips to twist right**

38      Right toe/ball lunge/step to side right (allow shoulders to face 2:00)

39&40      Hip bump back to left, hip bump to center, hip bump back to left

## FORWARD-TOUCH, TRIPLE FORWARD, TRIPLE BACK, TRIPLE TURN

41-42      Right step forward with ¼ turn right, left touch beside right

43      Left step slightly forward

&44 Right step beside left, left step slightly forward  
45&46 Right step back, left step beside right, right step back  
47 Left step to side left with  $\frac{1}{4}$  turn left  
&48 Right step beside left, left step forward with  $\frac{1}{4}$  turn left

**WALKS FORWARD: RIGHT,LEFT, TRIPLE TURN, WALKS BACK: LEFT-RIGHT-LEFT, TOUCH**

49-50 Right step forward, left step forward  
51 Right step forward  
& Execute  $\frac{1}{4}$  turn left with left step across front of right  
52 Execute  $\frac{1}{4}$  turn left with right step back  
53-54 Left step back, right step back  
55-56 Left step back, right touch beside left

**Allow shoulders to face diagonal left**

**WALKS FORWARD: RIGHT,LEFT, TRIPLE TURN, WALKS BACK: LEFT-RIGHT-LEFT, TOUCH**

57-58 Right step forward, left step forward  
59 Right step forward  
& Execute  $\frac{1}{4}$  turn left with left step across front of right  
60 Execute  $\frac{1}{4}$  turn left with right step back  
61-62 Left step back, right step back  
63-64 Left step back, right touch beside left

**Allow shoulders to face diagonal left**

**REPEAT**

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