

The Van Dance

拍数: 32 墙数: 4 级数: Improver
编舞者: Jackie Miranda (USA), Ellen Kiernan (USA), Gina Mello (USA), Doug Miranda (USA), John Bowen & John Robinson (USA)
音乐: Invisible - Keahiwai



Choreographed while sitting in the rental van stuck in traffic in beautiful Honolulu, Hawaii

ROCK FORWARD, RECOVER, COASTER STEP; ROCK FORWARD, RECOVER, ½ TURN LEFT SHUFFLE FORWARD

1-2 Rock forward right, recover to left
3&4 Step back right, step left next to right, step forward right
5-6 Rock forward left, recover to right
7&8 Make a ½ turn left (to 6:00) and shuffle forward left, right, left

TRAVELING SIDE KICK-BALL-CROSS 2X; SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS

1&2 Kick right diagonally forward (towards 7:30), step down on ball of right, step left across right
3&4 Kick right diagonally forward (towards 7:30), step down on ball of right, step left across right
5-6 Side rock right to right side, recover to left
7&8 Step right behind left, step left to left side, step right across left

DIP, POINT, DIP, POINT; ¼ RIGHT MODIFIED MONTEREY TURN

We affectionately call counts 1-4 the "mooning" section. Stick your rear-end out as you sway and shift weight

1-2 (Bending knees slightly) dip/sway as you shift weight to left, point right toe to right diagonal
3-4 (Bending knees slightly) dip/sway as you shift weight to right, point left toe to left diagonal (left toe remains close to right)
5-6 Straighten up and point left to left side, step left next to right
7-8 Point right to right side, step right next to left making ¼ turn right (now facing 9:00)

POINT FORWARD, POINT SIDE, BEHIND, SIDE, CROSS; SIDE HOP, LEFT BUMP, SIDE HOP, LEFT BUMP

1-2 Point left toe forward, point left toe to left side
3&4 Step left behind right, step right to right side, step left across right
&5-6 (With a little hop) step right to right side, step left next to right, bump hips to left side shifting weight left

Styling: wave hands over your head from right (5) to left (6), snapping fingers if you wish

&7-8 (With a little hop) step right to right side, step left next to right, bump hips to left side shifting weight left

Styling: wave hands over your head from right (7) to left (8), snapping fingers if you wish

REPEAT

TAG

Only needed when dancing to "Invisible" by Keahiwai. At end of 6th wall (facing back), add a 4-count tag:

&1-2 (With a little hop) step right forward, step left next to right, bump hips to left side shifting weight left

Styling: wave hands over your head from right (1) to left (2), snapping fingers if you wish

&3-4 (With a little hop) step right back, step left next to right, bump hips to left side

Styling: wave hands over your head from right (3) to left (4), snapping fingers if you wish