

Vaiven

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver rumba
编舞者: David Cowley (IOM)
音乐: Vaivén - Chayanne



REVERSE RUMBA BASICS

1-2 Slide left foot to left side, touch right foot beside left
3-4 Rock forward on to right foot, rock back on to left foot
5-6 Slide right foot to right side, touch left foot beside right
7-8 Rock back on to left foot, rock forward on to right foot

MAMBO BASICS

9-10 Rock forward on to left foot, recover on to right foot
11-12 Step left foot together with right, hold
13-14 Rock back on to right foot, rock, recover on to left foot
14-16 Step right foot together with left, hold

FULL TURN COMBINATION (MAMBO TURN & ROCK TURN)

17-18 Step left foot forward, pivot $\frac{1}{2}$ turn right on to right foot
19-20 Step left foot forward, hold
21-22 Rock forward on to right foot, recover on to left foot
23-24 Pivot $\frac{1}{2}$ turn right on to right foot

$\frac{1}{4}$ TURN ROCK & CROSS & CROSS, HOLD, CROSS, HOLD

25-26 Rock forward on to left foot, $\frac{1}{4}$ turn right on to right foot
27-28 Cross left foot over right, step right small step to right side
29-30 Cross left foot over right, hold
31-32 Cross right foot over left, hold

REPEAT
