

Vacation Polka

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner polka
编舞者: David Pytka (USA)
音乐: I Need a Vacation - Rebecca Lynn Howard



LEFT HEEL TAPS, COASTER, RIGHT HEELS TAPS, COASTER

1-2 Tap left forward, tap left heel to left corner
3&4 Step back on left, step right next to left, step forward on left
5-6 Tap right heel forward, tap right heel to right corner
7&8 Step back on right, step left next to right, step forward on right

LEFT FORWARD ROCK, HALF TURN SHUFFLE, HALF TURN SHUFFLE, LEFT BACK ROCK

9-10 Rock forward on left, recover on right
11&12 Make a ½ turn left stepping forward on left, step right next to left, step forward on left
13&14 Make a ½ turn left stepping back on right, step left next to right, step back on right
15-16 Rock back on left, recover on right

WALK LEFT, RIGHT, LEFT KICK-BALL-CHANGE, WALK LEFT, RIGHT, LEFT KICK-BALL-CHANGE

17-18 Walk forward on left, walk forward on right
19&20 Kick left forward, step slightly back on left, step slightly forward on right
21-22 Walk forward on left, walk forward on right
23&24 Kick left forward, step slightly back on left, step slightly forward on right

LEFT FORWARD ROCK, COASTER, RIGHT FORWARD ROCK, HALF TURN SHUFFLE

25-26 Rock forward on left, recover on right
27&28 Step back on left, step right next to left, step forward on left
29-30 Rock forward on right, recover on left
31&32 Make a ½ turn right stepping forward on right, step left next to right, step forward on right

REPEAT
