

Used Heart For Sale

拍数: 32 墙数: 4 级数: Improver
编舞者: DJ Dan (NL) & Wynette Miller (NL)
音乐: Used Heart for Sale - Gary Allan



CHASSE, ROCK STEP BACK; CHASSE, ¼ TURN ROCK STEP BACK

1&2 Chasse to right stepping right, left, right
3-4 Rock left back, recover weight onto right
5&6 Chasse to left stepping left, right, left
7-8 Make ¼ turn right rock right back, recover weight onto left, (3:00)

SHUFFLE ½ TURN TRAVELING FORWARD TWICE; ROCK STEP, COASTER CROSS

1&2 Shuffle ½ turn left stepping right, left, right
3&4 Shuffle ½ turn left stepping left, right, left (3:00)
5-6 Rock right forward, recover weight onto left
7&8 Step right back, step left next to right, cross right over left

CHASSE, ROCK STEP BACK; CHASSE, ¼ TURN ROCK STEP BACK

1&2 Chasse to left stepping left, right, left
3-4 Rock right back, recover weight onto left
5&6 Chasse to right stepping right, left, right
7-8 Make ¼ turn left rock left back, recover weight onto right

FULL TURN, SHUFFLE FORWARD; JAZZ BOX ¼ TURN CROSS

1-2 Make ½ turn right step left back, make ½ turn right step right forward
3&4 Shuffle forward stepping left, right, left
5-8 Cross right over left, step left back, make ¼ turn right step right to right side, cross left next to right, (3:00)

REPEAT

See also "E & J Swing", beginner partner dance