

Urban Lifestyle

COPPER KNOB
STEPPERS

拍数: 48 墙数: 2
编舞者: Jan Wyllie (AUS)
音乐: Better Life - Keith Urban



This dance was written to celebrate the marriage of Keith Urban and Nicole Kidman in Sydney on 25th June 2006. May they have a long and happy life together

STOMP UP & STEP BACK, COASTER, STOMP UP & STEP BACK, COASTER

1&2 Stomp right beside left, small hop on left on the spot, step back on right
3&4 Step back on left, step right beside left, step forward on left (coaster)
5&6 Stomp right beside left, small hop on left on the spot, step back on right
7&8 Step back on left, step right beside left, step forward on left (coaster)

FORWARD LOCK STEP, WALK FORWARD LEFT, RIGHT, FORWARD MAMBO, WALK BACK RIGHT, LEFT

9&10 Step forward on right, lock/step left behind right, step forward on right
11-12 Walk forward left, right
13&14 Rock/step forward on left, rock back on right, step back on left (mambo)
15-16 Making a full turn right walk back right, left (or just walk back right, left, if you can't turn)

½ TURN SHUFFLE, LOCK/SHUFFLE FORWARD, TOUCH TOE FORWARD STEP BACK, COASTER

17&18 Making ½ turn right back over right shoulder shuffle forward right, left, right
19&20 Lock/shuffle forward left, right, left
21-22 Touch right toe forward, step back on right
23&24 Step back on left, step right beside left, step forward on left (coaster)

STEP PIVOT ¼, SHUFFLE FORWARD, FORWARD MAMBO, WALK BACK RIGHT, LEFT

25-26 Step forward on right, pivot ¼ left transferring weight to left
27&28 Shuffle forward right, left, right
29&30 Rock/step forward on left, rock back on right, step back on left (mambo)
31-32 Making a full turn right walk back right, left (or just walk back right, left if you can't turn)

½ TURN SHUFFLE, FORWARD ROCK RETURN, COASTER CROSS, SIDE ROCK RETURN

33&34 Making ½ turn right back over right shoulder shuffle forward right, left, right
35-36 Rock/step forward on left, rock back on right
37&38 Step back on left, step right beside left, step left across right (coaster cross)
39-40 Rock/step right to right, rock/return weight sideways onto left

RIGHT SAILOR STEP, ¼ TURN SAILOR STEP, ½ TURN SHUFFLE, &,HEEL JACK &STEP FORWARD

41&42 Step right behind left, step left to left, step right to right (sailor step)
43&44 Step left behind right, making ¼ right step forward on right, step back on left (¼ sailor step)
45&46 Making ½ turn right shuffle forward right, left, right
47&48 Step back on left, touch right heel forward, step right beside left, step forward on left

REPEAT