

Urban Country

COPPER KNOB
STEPPERS

拍数: 56 墙数: 4 级数: Intermediate
编舞者: Shane Alassi-Jones
音乐: Hip Square Dance - The Woolpackers



ROCK FORWARD, BACK, SHUFFLE, ROCK BACK, FORWARD, ½ TURN & SHUFFLE

1-2 Step forward onto left foot, rock back onto right foot
3&4 Shuffle back left-right-left
5-6 Step back on right foot, rock forward onto left foot
7&8 Turning ½ turn to left shuffle back right-left-right

ROCK BACK, FORWARD & SHUFFLE

1-2 Step back onto left foot, rock forward onto right foot
3&4 Shuffle forward left-right-left

SIDE ROCK & SAILOR SHUFFLE

1-2 Step right foot to right side, replace weight to left foot
3&4 Step back onto right foot, step left foot slightly left, replace weight to right foot

SAILOR SHUFFLE X 3, ROCK BACK, FORWARD

1&2 Step back on left foot, step right foot slightly right, replace weight to left foot
3&4 Step back on right foot, step left foot slightly left, replace weight to right foot
5&6 Step back on left foot, step right foot slightly right, replace weight to left foot
7-8 Step back on right foot, rock forward onto left foot

SHUFFLE RIGHT, ROCK BACK, FORWARD, SHUFFLE LEFT, FULL TURN

1&2 Shuffle to right stepping right-left-right
3-4 Step back on left foot, rock forward onto right
5&6 Shuffle to left stepping left-right-left
7-8 Turning a full turn left step right-left

HEEL & SIDE & SIDE & HEEL & HEEL & SIDE & SIDE & HEEL &

1&2 Touch right heel forward, bring right beside left & touch left toe to left side
&3 Bring left beside right & touch right toe to right side
&4 Bring right foot beside left & touch left heel forward
&5 Bring left foot beside right & touch right heel forward
&6 Bring right foot beside left & touch left toe to left side
&7 Bring left foot beside right & touch right toe to right side
&8 Bring right foot beside left & touch left heel forward
& Bring left foot beside right

STEP, FORWARD, BACK, ½ TURN, SHUFFLE, STEP FORWARD

1-2 Step forward onto right foot, step forward onto left foot
3-4 Rock back onto right foot, turning ½ turn left on left foot
5&6 Shuffle forward right-left-right
7 Step forward onto left foot

STEP BACK, SHUFFLE, SHUFFLE, ½ TURN, ROCK BACK, FORWARD, ¼ TURN

1 Step back on right foot
2&3 Shuffle back left-right-left
4&5 Shuffle back right-left-right

6-7 Step back on left & pivot $\frac{1}{2}$ turn left replacing weight on right foot
8-9 Step back on left foot, rock forward onto right

REPEAT

When starting the dance again, rock forward on to the left foot, turning $\frac{1}{4}$ turn to the right for new direction. 4 walls turning $\frac{1}{4}$ turn right each time
