

# Uptown Rock

拍数: 36      墙数: 0      级数:  
编舞者: A. Russell  
音乐: Blue to the Bone - Sweethearts of the Rodeo



## TOE TOUCHES WITH SWIVELS

- 1            Touch right toe to side. At the same time, swivel left heel to right
- 2            Swivel left heel back to center. At the same time touch right toe beside left foot
- 3-4        Repeat counts 1-2
- 5            Touch left toe to side. At the same time swivel right heel to left
- 6            Swivel right heel back to center. At the same time touch left toe beside right foot
- 7-8        Repeat counts 5-6

## TOE RAISES, STRUTS, TOE TOUCHES

- 9            With weight on both heels, lift toes in the air, pointing slightly outward
- 10          Place toes on floor
- 11-12      Repeat counts 9-10
- 13-14      Step forward on right heel, slap right toes down
- 15-16      Step forward on left heel, slap left toes down
- 17-18      With weight on left foot, place right heel forward hold
- 19-20      Keeping weight on left foot, touch right toe back. Hold
- 21-22      With weight on left foot, place right heel forward hold

## BACK SHUFFLES

- 23&24      Shuffle back right-left-right
- 25&26      Shuffle back left-right-left

## TOE TOUCH, TURN-KICK

- 27          With weight on left foot, touch right toe beside left foot
- 28          Touch right foot forward
- 29          Touch right toe beside left foot
- 30          Swivel  $\frac{1}{4}$  turn to right on ball of left foot while kicking right foot forward
- 31          Right foot back in place

## HEEL TAPS, SWIVEL

- 32-33      Left heel forward, left heel back in place
- 34-35      Right heel forward, right heel back in place
- 36          On balls of both feet, swivel heels to the left

## REPEAT

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