Uptown Girl

拍数: 48

级数: Beginner

编舞者: Glennys Croston (UK)

音乐: Uptown Girl - Westlife

SIDE CROSS SIDE, HEEL, CLICK, SIDE CROSS SIDE, HEEL, CLICK

- 1-4 Step right to side, step left across right, step right to side, touch left heel. Diagonal forward, click fingers
- 5-8 Step left to side, step right across left, step left to side, touch right heel diagonal forward, click fingers

ROCK FORWARD, ROCK BACK, ROCK FORWARD, BRUSH TWICE

- 9-12 Rock forward on right, rock back on left, rock forward on right, brush left foot forward
- 13-16 Rock forward on left, rock back on right, rock forward on left, brush right foot forward

On these rock steps, move slightly forward

BACK TOUCH, BACK TOUCH, HALF MONTEREY TURN, CLAPS

- 17-20 Step back on right, touch left toe to right instep, clap, step back on left, touch right toe to left instep, clap
- 21-24 Touch right to side, pivot half turn right, bring right beside left, touch left to side, bring left beside right ending with weight on left

TOE STRUTS TWICE, ROCK, ROCK, CROSS, HOLD, CLAP

- 25-28 Turning body slightly to right, touch right toe to side, drop right heel taking weight, cross left toe over right, drop left heel taking weight
- Rock on right to side, rock on left to left side, cross right over left stepping on it taking weight, 29-32 hold, clap

TOE STRUTS TWICE, ROCK, ROCK, CROSS, HOLD, CLAP

- 33-36 Turning body slightly left, touch left toe to side, drop left heel taking weight, cross right toe over left, drop right heel taking weight
- Rock on left to side, rock right to right side, cross left over right stepping on it taking weight, 37-40 hold, clap

HIPS FORWARD, BACK, FORWARD, HOLD TWICE

- 41-44 Swaying hips, rock forward on right, back on left, forward on right, hold
- 45-48 Swaying hips, rock forward on left, back on right, forward on left, hold

Note: on hip rock move just slightly forward

REPEAT





墙数: 2