

Upside Down (On Ceiling)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Karl-Harry Winson (UK)
音乐: Dancing On the Ceiling - Lionel Richie



STEP HOLD & STEP TOUCH, TURN ¼, SCUFF HITCH STEP, SWIVEL TURN ¼

1-2 Step right to side, hold
&3 Step left together, step right to side
4 Touch left together
5-6 Turn ¼ left and step left forward, scuff right forward
&7 Hitch right knee, step right forward
&8 Swivel heels to right, swivel heels to center (6:00)

The heel swivels make a turn ¼ before returning to center

COASTER STEP, MAMBO STEP, KICKBALL TOUCH, TWIST

1&2 Step right back, step left together, step right forward
3&4 Rock left to side, recover onto right, step left together
5&6 Kick right forward, step right toe slightly back, touch left to side
7 Swivel heels to right
&8 Swivel heels to left, swivel heels to right (3:00)

TURN ¼ LEFT ROCK RECOVER HALF TURN, KICK BALL CHANGE, STEP HEEL SPLIT, HEEL BALL STEP

1&2 Turn ¼ left and rock left forward, recover onto right, turn ½ left and step left forward (9:00)
3&4 Kick right forward, step right together, step left in place
5 Step right forward
&6 Swivel heels apart, swivel heels together
7&8 Touch right heel forward, step right together, step left forward

ROCK & CROSS, TOUCH AND TOUCH, KNEE TURN, HEEL BALL STEP, ¼ LEFT

1&2 Rock right to side, recover to left, cross right over left
3&4 Touch left to side, step left together, touch right in place
5-6 Swivel right knee to left, swivel right knee to right
7&8 Turn ¼ right and touch right heel forward, step right together, step left forward

Turn ¼ left to start the dance again

REPEAT

TAG

At end of wall 6 after turn ¼ left add these extra steps

1-2 Step right to side, touch left together
3-4 Step left to side, touch right together