

Upside Down

拍数: 16 墙数: 0 级数:
编舞者: Masters In Line (UK)
音乐: Upside Down - K-Gee



STEP RIGHT TO RIGHT SIDE, LEFT TO LEFT SIDE, SIDE SHUFFLE RIGHT (HANDS PUSH UP)

- 1 Step right to right side
 - 2 Step left to left side
 - 3&4 Step right to right side, step left next to right, step right to right side
- As you do counts 1-4 push hands up in the air as if holding a box above your head

¼ TURN RIGHT, SIDE TOGETHER TWICE BOUNCING SHOULDER (HANDS PUSHING DOWN TO FLOOR)

- 5 Make ¼ turn right step left to left side (turn head left looking towards starting wall)
 - 6 Step right together
 - 7 Step left to left side
 - 8 Touch right next to left (turn head ¼ right to look forward)
- As you do counts 5-8 bounce or shrug shoulders with hands pushing down to floor

ROLLING TURN TO RIGHT POINT FINGER IN THE AIR

- 9 Make ¼ turn right step onto right
- 10 Make ½ turn right step back onto left
- 11 Make ¼ turn right step right to right side
- 12 Touch left next to right pointing right hand in the air

WALK AROUND FULL CIRCLE TOUCH RIGHT, LASSO, SLAP AND CLAP

- 13-14-15 Walk around full circle to left on left, right, left doing a lasso action with right hand
- 16 Touch right next to left, as you quickly slap thighs with both hands and then clap

REPEAT
