

Uppity

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Maurice Rowe (USA)
音乐: Up! - Shania Twain



KICK, KICK, BEHIND/SIDE/FRONT, SIDE/ROCK, BEHIND/SIDE/FRONT

1-2 Kick right across front left, kick right to right side
3&4 Step right across behind left, step left to left, step right across front of left
5-6 Step left to left side, rock/return weight to right in place
7&8 Step left behind right, step right to right side, step left across front of right

HITCH/HOP TURNS, SIDE/TOGETHER/SIDE, SHUFFLE, FORWARD RONDE ½ LEFT

1 Hitch right knee while turning ¼ to left by jumping "up" on left foot during turn
2 Hitch right knee while turning ¼ to left by jumping "up" on left foot during turn
3&4 Step right to right, step left beside right, step right to right
& Turn ¼ left (weight still on right)
5&6 Step left forward, step right to left instep, step left forward
7-8 ½ turn to left while: sweeping right toe in wide forward circular motion keeping right toe in contact with the floor during the ½ turn ending with right toe beside the left foot

Weight remains on left foot during the sweeping ronde turn

STEP/TURN, STEP/KICK, COASTER STEPS, STOMP TWICE

1-2 Step right slightly forward, hitch left knee while turning ½ turn right
3-4 Step left forward, kick right forward
5&6 Step right back, step left back together with right, step right forward
7-8 Stomp left forward, stomp right together (don't take weight on right)

RIGHT MONTEREY, STEP/HOLD, BEHIND/SIDE/TOUCH

1-4 Touch right to right, ½ turn right bringing right together with left, touch left to left, touch left together with right
5 Step left toe to left but slightly diagonal forward with left heel lifted off floor
6& Hold (weight is forward on your left toe here!), & lower heel to prepare for next step
7&8 Step right behind left, step left to left side, touch right beside left

REPEAT