

# Up Up!

拍数: 32      墙数: 4      级数: Improver  
编舞者: Liz Larsson (SWE)  
音乐: Baby You're Mine - Jill Johnson



## WALK, WALK, SHUFFLE FORWARD, STEP ½ TURN, SHUFFLE FORWARD

1-2      Walk forward right, walk forward left  
3&4      Step right forward, step left next to right, step right forward  
5-6      Step forward left, make a ½ turn right, taking weight onto right  
7&8      Step left forward, step right next to left, step left forward

## KICK TWICE, ROCK BACK, ROCK FORWARD, SHUFFLE LEFT

1-2      Kick right foot forward twice  
3-4      Rock back on right, recover onto left  
5-6      Rock forward on right, recover onto left  
7&8      Step right to right, step left next to right, step right to right

## CROSS, TURN ¼ LEFT, SHUFFLE BACK, ROCK, RECOVER, SHUFFLE FORWARD

1-2      Cross left over right, make a ¼ turn left stepping back right  
3&4      Step left back, step right next to left, step left back  
5-6      Rock back on right, recover onto left  
7&8      Step right forward, step left next to right, step right forward

## KICK TWICE, ROCK BACK, ROCK FORWARD, SHUFFLE LEFT

1-2      Kick left foot forward twice  
3-4      Rock back on left, recover onto right  
5-6      Rock forward on left, recover onto right  
7&8      Step left to left, step right next to left, step left to left

## REPEAT

## TAG

At the end of 4th wall

## CROSS, SIDE, SAILOR STEP TWICE

1-2      Cross right over left, step left to left  
3&4      Cross step right behind left, step left to left, step right in place  
5-6      Cross left over right, step right to right  
7&8      Cross step left behind right, step right to right, step left in place

## ROCK, RECOVER COASTER STEP

1-2      Rock forward right, recover onto left  
3&4      Step back on right, step left beside right, step forward on right  
5-6      Rock forward left, recover onto right  
7&8      Step back on left, step right beside left, step forward on left