

Up The Creek

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jan Wyllie (AUS)
音乐: 40 Days and 40 Nights - Tim McGraw



ROCK FORWARD, ROCK BACK, TRIPLE STEP, ROCK BACK, ROCK FORWARD, TRIPLE STEP

1-2 Rock/step forward on left, rock back on right
3&4 Triple step on the spot left, right, left
5-6 Rock/step back on right, rock forward on left
7&8 Triple step on the spot right, left, right

ROCK TO LEFT, ROCK TO RIGHT, TRIPLE STEP, ROCK TO RIGHT, ROCK TO LEFT, TRIPLE STEP

9-10 Rock/step left to left, rock/return weight to right
11&12 Triple step on the spot left, right, left
13-14 Rock/step right to right, rock/return weight to left
15&16 Triple step on the spot right, left, right

VINE LEFT WITH A TRIPLE STEP, VINE RIGHT WITH A TRIPLE STEP

17-18 Step left to left, step right behind left,
19&20 Triple step on the spot left, right, left
21-22 Step right to right, step left behind right
23&24 Triple step on the spot right, left, right

STEP FORWARD, HOLD, PIVOT ¼ RIGHT, HOLD, PIVOT ¼ LEFT, HOLD, PIVOT ¼ RIGHT, HOLD

25-26 Step forward on left, hold
27-28 Making ¼ pivot right on ball of left step forward on right, hold
29-30 Making ¼ pivot left on ball of right step forward on left, hold
31-32 Making ¼ pivot right on ball of left step forward on right, hold

REPEAT
