

# Up 05

拍数: 32      墙数: 4      级数: Improver contra dance  
编舞者: Clarisse Voegelé (FR)  
音乐: Up! - Shania Twain



## TOUCH, KICK, BEHIND, SIDE, CROSS, TWICE

1-2      Touch right beside left, kick diagonally right foot to right  
3&4      Step right behind left, step left beside right, step right cross over left  
5-6      Touch left beside right, kick diagonally left foot to left  
7&8      Step left behind right, step right beside left, step left cross over right

## HEEL, TOUCH, CHASSE, TOE, ½ TURN, CHASSE

1-2      Right heel diagonally forward, touch right beside left  
3&4      Right side chassé (right, left, right)  
5-6      Touch left toe behind right foot, ½ turn over left shoulder  
7&8      Right side chassé (right, left, right)

## CHARLESTON STEP, VINE ¼ RIGHT

1-2      Step left forward, kick right forward  
3-4      Step right back, tap left back  
5-6      Step left foot to left side, step right foot behind  
7-8      Step left foot ¼ turn to left side, brush right foot

## JAZZ BOX, MONTEREY ½

1-2      Cross right foot in front of left, step left foot back  
3-4      Step right foot out to side, step left foot before to right  
5-6      Touch right toe to right side, pivot ½ turn right on left foot & step right foot together  
7-8      Touch left toe to left side, step left foot next to right

## REPEAT

Last Update: 14 Jun 2022

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