

Up All Night

拍数: 32 墙数: 2 级数: Beginner
编舞者: Guy Chambers (SCO)
音乐: Rock DJ - Robbie Williams



TWIST TO RIGHT (HEELS, TOES, HEELS); CLAP CLAP

1 Twist both heels to right
2 Twist both toes to right
3 Twist both heels to right
& Clap hands
4 Clap hands

TWIST TO LEFT (HEELS, TOES, HEELS); CLAP CLAP

5 Twist both heels to left
6 Twist both toes to left
7 Twist both heels to left
& Clap hands
8 Clap hands

WALK FORWARD RIGHT THEN LEFT

9 Step forward on right foot
10 Step forward on left foot

RIGHT KICK-BALL-CHANGE

11 Kick right foot forward
& Step on right foot beside left
12 Step on left foot in place

ROCK FORWARD, RECOVER, RIGHT SHUFFLE BACK

13 Rock forward on right foot
14 Recover weight back onto left foot

15 Step back on right foot
& Step on left foot beside right
16 Step back on right foot

LEFT SHUFFLE BACK, ROCK BACK, RECOVER

17 Step back on left foot
& Step on right foot beside left
18 Step back on left foot

19 Rock back on right foot
20 Recover weight forward onto left foot

STEP, PIVOT ¼ TURN, STEP, PIVOT ¼ TURN

21 Step forward on right foot
22 Pivot ¼ turn to left
23 Step forward on right foot
24 Pivot ¼ turn to left

RIGHT DIAGONAL SHUFFLE

- 25 Step diagonally-forward right on right foot
& Step on left foot beside right
26 Step diagonally-forward right on right foot

LEFT DIAGONAL SHUFFLE

- 27 Step diagonally-forward left on left foot
& Step on right foot beside left
28 Step diagonally-forward left on left foot

JAZZ BOX

- 29 Cross-step right foot over left
30 Step back on left foot
31 Step to right on right foot
32 Step on left foot beside right

REPEAT
