## Uno Mas (One More) (P)



编舞者: Bill Gallagher (UK)

音乐: Uno Mas - Daniel O'Donnell



Position: Man facing OLOD, Lady facing Man, holding hands, arms held out sideways to shoulder height. Man's steps given, Lady's on opposite feet and turns, except where shown

- Step left on left, cross right behind left, step left on left, cross right over left, step left on left, cross right behind left, step left on left, touch right beside left
  Drop lady's right hand, turning ¼ turn left to face LOD, step forward on right, rock back onto left, making ¼ turn right to face OLOD, right, left, right on the spot
- 5-8 Drop lady's right hand, take up left hand, turning ¼ turn right, to face RLOD, step forward on
- left, rock back onto right, making ¼ turn left to face OLOD, left, right, left on the spot

## On both of these turns push inside hands forward

1-4 Step forward on right, pivot ½ turn left; step forward on right, left, right 5-8 Step forward left, pivot ½ turn right, step forward on left, right, left

At this point, partners are walking towards each other, as you do so make a slight diagonal left to finish side by side, right shoulder to right shoulder

- Holding right forearms (or holding hands), step forward right step forward left making ¼ pinwheel turn right
  Man now facing RLOD, right, left, right on the spot, release hands, step forward on left pivot
- 3-8 Man now facing RLOD, right, left, right on the spot, release hands, step forward on left pivo ½ right, step forward left, right, left
- 1-4 Holding left forearms (or holding hands), step forward right, step forward left making ½ pinwheel turn left, man again facing RLOD, right, left, right on the spot
- 5-8 MAN: Step forward on left pivot  $\frac{1}{2}$  turn right to face LOD, step forward on left, right, left
  - LADY: Rock back on right, rock forward on left, step forward on right, left, right
- 1-4 Taking lady's left hand in man's right, step forward on right, turning on ball of right ½ turn right to face RLOD, stepping back on left, step right, left, right backwards, releasing hands on the turn and taking up lady's right hand
- 5-8 Step back on left, turning on ball of left ½ turn left, to face LOD, step forward on right, then left, right, left, again taking up inside hands on the turn
- Taking lady's left hand in man's right, step forward on right, turning on ball of right ½ turn right to face RLOD, stepping back on left, step right, left, right backwards, releasing hands on the turn and taking up lady's right hand
- 5-8 Step back on left, turning on ball of left ½ turn left, to face LOD, step forward on right, then left, right, left, again taking up inside hands on the turn
- Touch right heel forward, touch right toe back and on right, left, right turn ¼ right to face partner and take up start position

## **REPEAT**