

# Under Wraps

拍数: 32      墙数: 4      级数: Improver  
编舞者: Mare Dodd (USA)  
音乐: Wrapped Up In You - Garth Brooks



## HEEL SWITCHES RIGHT & LEFT & DOUBLES

1&      Touch right heel forward, step on right  
2&      Touch left heel forward, step on left  
3-4      Touch right heel forward twice  
&5      Step on right, touch left heel forward  
&6      Step on left, touch right heel forward  
7-8      Touch left heel forward twice

## SHUFFLE LEFT, TURN ½ LEFT & SHUFFLE RIGHT, TURN ½ RIGHT & SHUFFLE LEFT, TURN ¼ RIGHT & RIGHT COASTER STEP

1&2      Shuffle left-right-left to left side  
&3&4      Turn ½ left & shuffle right-left-right to right side  
&5&6      Turn ½ right & shuffle left-right-left to left side  
&7&8      Turn ¼ right & right coaster step: back on right, together with left, forward on right

## DIAGONAL STEP-SLIDES FORWARD & HIP BUMPS

1-2      At 45 degree angle left, take large step forward on left, step together with right  
&3&4      Applejacks - left & right  
5-6      At 45 degree angle right, take large step forward on right, step together with left  
&7&8      Applejacks - left & right

For beginner dancers you could substitute the applejacks with hip bumps, scissors, or heel bounces

## WALKS BACKWARDS RIGHT & LEFT & SHUFFLE BACK RIGHT-LEFT-RIGHT, ROCK BACK LEFT, RECOVER FORWARD RIGHT, SHUFFLE FORWARD LEFT-RIGHT-LEFT

1-2      Walk back right, walk back left  
3&4      Shuffle back right-left-right  
5-6      Rock back left, recover forward right  
7&8      Shuffle forward left-right-left

## REPEAT

## TAG

After the 3rd & 6th walls there is extra time in the phrasing. Cross right foot over left & slowly turn one full turn to left

## APPLEJACKS

With weight on left heel & right toe, turn left toe & right heel to left & then back to center. Change weight to right heel & left toe. Turn right toe & left heel to right & then back to center.