

Under My Skin

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Ernie (Hutch) Hutchinson (USA)
音乐: Rub It In - Matt King



SIDE RIGHT, TAP LEFT BEHIND, SIDE LEFT, TOGETHER RIGHT, ¼ LEFT - FORWARD RIGHT, TAP LEFT BEHIND, BACK LEFT COASTER

1-2 Step right to right side; cross and tap left behind right heel
3&4 Step left to left side; step right next to left; step left to left side into ¼ turn left
5-6 Step forward on right; cross and tap left behind right heel
7&8 Step back on left; step right back next to left; step forward on left

¼ RIGHT, TAP LEFT, ½ LEFT, TAP RIGHT - ¼ LEFT, TAP LEFT, LEFT SAILOR

1-2 Step forward on right into ¼ turn right; tap left next to right
3-4 Step left to left side into ½ turn left; tap right next to left
5-6 Step right to right side into ¼ turn left; tap left next to right
7&8 Cross left behind right and step; step slightly to right side on right; step left next to right

FORWARD RIGHT-LEFT, SHUFFLING ½ TURN LEFT - SHUFFLING ½ TURN LEFT, STOMP RIGHT, STOMP LEFT NEXT TO RIGHT

1-2 Step forward on right; step forward on left
3&4 Shuffling ½ turn left (right-left-right)
5&6 Shuffling ½ turn left (left-right-left)
7-8 Stomp right forward; stomp left forward next to right

TRAVELING APPLEJACK TURN ¼ RIGHT & TO SIDE - RIGHT HIP BUMPS FORWARD, LEFT HIP BUMPS FORWARD

1& Swivel left toes to left-right heel to left; swivel left toes to center-right heel to center (1/8 turn right)
2& Swivel right toes to right-left heel to right; swivel right toes to center-left heel to center (1/8 turn right)
3& Swivel left toes to left-right heel to left; swivel left toes to center-right heel to center (traveling to right side)
4 Swivel left toes to left-right heel to left (weight left)

Styling note: on counts 1-4 you may substitute toe fans/heel splits as you make the ¼ turn right and travel to the right

5&6 Step forward on right and bump hips forward, back, forward
7&8 Step forward on left and bump hips forward, back, forward

Styling note: on counts 5-8 place hands down and out to the side (at hip level and in closed position) and simulate drying yourself off with a towel as you move hands forward, back, forward

REPEAT
