

Una Noche Mas (Waiting For Tonight)

COPPER KNOB
STEPSHEETS

拍数: 72 墙数: 2 级数: Intermediate
编舞者: Dennis Korby & Rita Korby
音乐: Una Noche Más - Jennifer Lopez



KICKS & TRIPLE STEPS

1-2 Kick right foot forward and to the side
3&4 Triple in place (right, left, right) (option: sailor shuffle)
5-6 Kick left foot forward and to the side
7&8 Triple in place (left, right, left) (option: sailor shuffle)

SHUFFLES & ROCK STEPS

9&10 Right shuffle forward (right, left, right)
11-12 Step forward on left, rock back on right
13&14 Left shuffle backwards (left, right, left)
15-16 Step back on right, rock forward on left

SIDE PUSHES

17&18 Step right to the side & pushing off with that foot step back together
19&20 Repeat on left
21&22 Repeat on right
23&24 Repeat on left

KICK BALL CROSSES, ¼ SIDE SHUFFLE, ½ PIVOT

25&26 Kick right out, step down on ball of right foot while crossing over with left foot
27&28 Repeat
29&30 Making a ¼ turn right shuffle right, left, right
31-32 Step forward on left, pivot ½ turn right
33-40 Repeat last 8 counts starting with the left

RUNNING MAN FORWARD AND BACK

41&42& Step forward right, slide right back, step forward left, slide left back
43&44& Repeat
45&46& Step back on right, slide, step back on left, slide
47&48& Repeat (these last 4 steps are more like skipping back)

WALK, WALK, COASTER STEP, ANGLE STEPS

49-50 Walk forward right, step together left
51&52 Step back on right, step together left and quickly step forward on right
53-54 Push off with left turning slightly to 2:00 step down on left
55-56 Push off with right turning slightly to 12:00 step down on right

HIP BUMPS (SWAYS)

57-60 Stepping slightly left bump hips left, right, left twice
61-64 Bump hips right, left right twice.

HIP BUMPS (SWAYS) & ½ TURN

65-68 Bump hips left, right, left twice
69-72 With weight on left push off with right foot 4 times making a ½ turn left

REPEAT

