

Un Dos Tres, Maria

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Pearl De Marco
音乐: Maria (Spanglish Radio Edit) - Ricky Martin



SHUFFLE FORWARD HEEL DIG FRONT & FLICK FOOT TO BACK / SHUFFLE FORWARD AND DIG HEEL FRONT TWICE

1&2-3 Shuffle forward right, left, right extend left heel forward
4 Flick left foot up at back taking both hands above head to meet & snap fingers
5&6-7-8 Shuffle forward left, right, left extend right heel forward with dig twice

HEEL BALL CHANGE TWICE ½ TURN RIGHT AND WEAWE TO LEFT WITH FOOT FLICK BEHIND

9&10 Extend right heel forward, transfer weight back onto right foot replace weight to left foot (ball change) turning ¼ right
11&12 Repeat counts 9&10 right foot ¼ right. Now facing back wall
13-16 Step right foot across left, left foot to side, right foot behind with 1/8th body turn right, and flick left foot up at back both hands meet above head and snap fingers

STEP ACROSS LEFT FOOT-THEN BALL CROSS ACTION THREE TIMES - HEEL SWITCHES RIGHT, LEFT, RIGHT AND DOUBLE CLAP

17 Traveling across back wall step left foot across
&18 Transfer weight quickly onto right foot and step left across,
&19&20 Repeat right foot to side, and step left across twice more
Hands placed center front of stomach with elbows out at sides during 4 counts
21&22&23 Taking ¼ right - extend right heel forward, spring onto right foot and extend left heel forward, spring onto left foot and extend right heel forward
&24 Retain foot position and clap hands twice

½ PIVOT TURN LEFT - STEP RIGHT FOOT FORWARD, SHUFFLE-AROUND LEFT FOOT WITH ½ TURN RIGHT -ROCK BACK, REPLACE AND DIG BALL OF FOOT

25-26 Step right foot forward, pivot ½ turn left replacing weight onto left foot
27 Step right foot straight forward
28&29 Shuffle-around left, right, left making ½ turn right with step
30-32 Rock back onto right foot, replace weight left foot, dig ball of right foot to left foot at the same time torque the upper body 1/8th left

Hands on last 3 counts place center stomach as elbows are out at sides

REPEAT