

Umbrella

拍数: 44 墙数: 4 级数: Intermediate
编舞者: Kay Upton
音乐: Umbrella - Rihanna



SIDE TOGETHER, BACK TWICE, BACK LOCK STEP, HOOK, ¼ LEFT, TOUCH

1-2 Step right to side, step left together
3-4 Step right back, step left back
5&6 Step right back, lock left over right, step right back
&7-8 Hook left over right, turn ¼ left and step left forward, touch right to side

HOLD, CROSS, HOLD, SIDE BEHIND, HOLD, SWEEP

1-2-3 Hold, cross right over left, hold
4-5-6 Step left to side, cross right behind left, hold
7-8 Sweep left front to back for 2 counts

LEFT AND RIGHT SAILOR STEPS, STEP FORWARD, HOLD TWICE

1&2 Cross left behind right, step right to side, step left in place
3&4 Cross right behind left, step left to side, TURN ¼ right and step right in place
5-6 Step left forward, hold
7-8 Hold, hold

RIGHT AND LEFT STEP LOCK STEPS, TOUCH HOLD CROSS UNWIND ¾ LEFT

1&2 Step right forward, lock left behind right, step right diagonally forward
3&4 Step left forward, lock right behind left, step left diagonally forward
5-6 Touch right to side, hold
7-8 Cross right over left, unwind ¾ left (weight to right)

STEP, TOUCH, RIGHT AND LEFT SAILORS, HEEL AND TOUCH

1-2 Step left forward, touch right together
3&4 Cross right behind left, step left to side, step right in place
5&6 Cross left behind right, step right to side, step left in place
7&8 Touch right heel forward, step right together, touch left toe together

HOLD, HEEL AND TOUCH, HOLD

1 Hold
2&3 Touch left heel forward, step left together, touch right toe together
4 Hold

REPEAT
