

Ultimatum

拍数: 32 墙数: 4 级数: Beginner
编舞者: Gemma Haile (UK)
音乐: Ultimatum (feat. Natasha Watkins) - Shaggy



ROCK AND CROSS, ROCK AND STEP, LOCK STEP FORWARD, FULL TURN, STEP FORWARD

1&2 Rock left to left side, recover right, cross left over right
3&4 Rock right to right side, recover left, step right next to left
5&6 Step left forward, lock right behind left, step left forward
7&8 Step back on right, (turning $\frac{1}{2}$), step forward on left (turning $\frac{1}{2}$), step forward right

MAMBO STEP, LOCK STEP BACK, COASTER STEP, ROCK $\frac{1}{4}$ TURN

1&2 Rock left forward, recover right, step left next to right
3&4 Step right back, cross left over right, step right back
5&6 Step left back, step right next to left, step left forward
7-8 Rock forward on right, recover onto left, turning $\frac{1}{4}$ turn (weight on left)

MAMBO STEP, LOCK STEP BACK, BEHIND SIDE CROSS, ROCK AND CROSS

1&2 Rock right forward, recover left, step right next to left
3&4 Step left back, cross right over left, step left back
5&6 Step right behind left, step left to left side, cross step right over left
7&8 Rock left to left side, recover on right, cross step left over right

TOUCH, TOUCH, STEP, HIP BUMPS, MAMBO STEPS WITH TOUCH

1&2 Touch right next to left, touch right out further from left, step right in place
3&4 Hip bumps left, right, left
5&6 Rock forward on right, recover left, step right next to left
7&8 Rock back on left, recover right, touch left next to right

REPEAT
