

Uh La La Stomp

COPPERKNOB
STEPSHEETS

拍数: 0 墙数: 4 级数: Intermediate
编舞者: Anneka Farrugia & Paul Farrugia (UK)
音乐: Uh La La La - Alexia



Sequence: A, A, B, A, B, A, First 36 counts of B, B less steps 45 & 46, A, A. Dance starts at the first chorus of 'Uh La La La'

PART A

PADDLE LEFT, RIGHT SHUFFLE, ROCK AND RECOVER

1-2 Paddle ¼ turn, paddle ¼ turn, over left shoulder pivoting on left foot
3-4 Paddle ¼ turn, paddle ¼ turn, over left shoulder pivoting on left foot
5&6 Step right to right side, left next to right, right to right side
7-8 Rock back on left, recover on to right

PADDLE RIGHT, LEFT SHUFFLE, ROCK AND RECOVER

9-10 Paddle ¼ turn, paddle ¼ turn, over right shoulder pivoting on right foot
11-12 Paddle ¼ turn, paddle ¼ turn, over right shoulder pivoting on right foot
13&14 Step left to left side, right next to left, step left to left side
15-16 Rock back on right, recover on to left

RIGHT SHUFFLE, TURN SHUFFLE, ROCK BACK AND RIGHT SHUFFLE

17&18 Step forward right, slide left behind right, step forward right
19&20 Half turn over right shoulder, left, right, left
21-22 Rock back on right, recover forward on left
23&24 Step forward right, slide left behind right, step forward right

ROCK LEFT RECOVER, LEFT SAILOR, RIGHT SAILOR, CROSS LEFT UNWIND

25-26 Rock left to left side, recover back on to right
27&28 Cross left behind right, step right next to left, step left slightly forward
29&30 Cross right behind left, step left next to right, step right slightly forward
31-32 Cross left behind right, unwind half turn over left shoulder

PART B

TOE STRUT, TOE STRUT, KICK AND CROSS AND HEEL AND CROSS

1&2 Right forward toe strut
3&4 Left forward toe strut
5&6 Kick right, step on to right and cross left over right
&7 Step back on to right put left heel forward
&8 Step left to left side, cross right over left

AND HEEL, MONTEREY POINT, FULL TURN LEFT SHUFFLE

&9 Step back on to left put right heel forward
10-11 Point right to right side, half turn over right shoulder pivoting on left foot stepping down on to right
12 Point left to left side
13-14 Half turn over right shoulder stepping back on to left, continue another half turn stepping on right
15&16 Step forward left, slide right behind left, step forward left

ROCK AND SHUFFLE HALF TURN RIGHT, FULL TURN, LEFT SHUFFLE

17-18 Rock forward on the right, recover on to left

- 19&20 Half turn over right shoulder, stepping right, left, right
21-22 Half turn over right shoulder stepping back on to left, continue another half turn stepping on right
23&24 Step forward left, slide right behind left, step forward left

JUMP CLAP, JUMP CLAP, TOE STRUT, TOE STRUT

- 25-26 Jump forward right left and clap
27-28 Jump back right left and clap
29-30 Right toe strut to the right side
31-32 Cross left over right toe strut

GRAPEVINE RIGHT, TOUCH, GRAPEVINE LEFT QUARTER TURN LEFT

- 33-34 Step right to right side, step left behind right
35-36 Step right to right side, touch left beside right
37-38 Step left to left side, step right behind left
39-40 Step left to left side with a ¼ turn left, scuff right

RIGHT JAZZ BOX, ROCK BACK RECOVER, STOMP STOMP

- 41-42 Cross right over left, step back on to left
43-44 Step right slightly right, step left next to right
45-46 Rock back on to right, recover on to left
47-48 Stomp forward right, stomp left slightly behind right

BUMP HIPS

- 49-50 Bump hips right, left
51-52 Bump hips right, left

REPEAT
