

Ub Girl

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Nosmo King (UK)
音乐: Homely Girl - UB40



MAMBO FORWARD, MAMBO BACK, ROCK & TURN, COASTER STEP

1&2 Step forward on right, step on left, step back on right
3&4 Step back on left, step on right, step forward on left
5&6 Rock right to right side, rock on left, step on right making $\frac{1}{4}$ turn right
7&8 Step back on left, step together on right, step forward on left

ROCK & TURN, COASTER STEP, ROCK & CROSS, STEP CROSS STEP

1&2 Rock right to right side, rock on left, step on right making $\frac{1}{4}$ turn right
3&4 Step back on left, step together on right, step forward on left
5&6 Rock right to right side, rock on left, cross right over left
7&8 Step left to left side, cross right over left, step left to left side

COASTER STEP, STEP PIVOTS, COASTER STEP

1&2 Step back on right, step together on left, step forward on right
3-4 Step forward on left, pivot $\frac{1}{2}$ turn to right on right
5-6 Step forward on left, pivot $\frac{1}{4}$ turn to right on right
7&8 Step back on left, step together on right, step forward on left

BACK ROCK KICK, CROSS BACK CROSS, COASTER STEP, HIP BUMPS

1&2 Rock back on left, step on right, kick left forward sweeping to...
3&4 Cross left over right, step back on right, cross left over right
5&6 Step back on right, step together on left, step forward on right
7&8 Bump hips to left, bump hips to right, bump hips to left

End with weight on left foot

REPEAT
