

# U Can't Stop Me

COPPERKNOB  
BY STEPHENETS

拍数: 48      墙数: 2      级数: Intermediate  
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音乐: Paid My Dues - Anastacia



## KICK TOUCH FLICK, ROCK & CROSS, WALK TWICE, ROCK & TURN

- 1&2      Kick right foot forward, touch right foot to right side, flick right foot up behind left leg  
3&4      Rock right foot to right side, recover weight onto left, cross right foot over left  
5-6      Walk diagonally forward to the left, stepping left, right  
7&8      Rock forward on the left, recover weight onto right, step left foot to left side making 1/8 turn left, (now facing the 9:00 wall)

## HITCH TURN TWICE, BEHIND & CROSS, SIDE HITCH, MONTEREY ½

- &1&2      Hitch right knee next to left making ¼ turn left, touch right foot to right side, hitch right knee next to left making ¼ turn left, touch right foot to right side  
3&4      Cross right behind left, step left to left side, cross right over left  
5-6      Step left foot to left side dipping down and to the left, hitch right knee next to left  
7&8      Touch right foot to right side, make ½ turn right stepping right next to left, touch left foot to left side

Back to 9:00 wall

## CROSS & SIDE TWICE, WALK TWICE, KICK & HEEL

- 1&2      Traveling forward, cross rock left over right, recover weight onto right and step left foot to left side and slightly forward  
3&4      Traveling forward, cross rock right over left, recover weight onto left and step right foot to right side and slightly forward  
5-6      Walk diagonally forward to the right, stepping left, right  
7&8      Still angled to the right, kick left foot forward, step left foot next to right and touch right heel forward

## & BUMP & BUMP, ROCK TURN TOUCH, SIDE TOUCH, TOUCH STEP TOUCH

- &1      Step right foot next to left, stepping forward on left bump hips forward  
&2      Bump hips back, bump hips forward  
3&4      Rock right foot to the right side, recover weight onto the left making ¼ turn left, touch right foot next to left. (you should now be facing the 7:00 wall)  
5-6      Step right foot to the right side (straighten up to face the 6:00 wall), touch left foot over right  
&7-8      Touch left foot slightly out to the left side, step left foot further to the left, touch right foot behind left

## WALK TWICE, ROCK & TURN, & WALK TWICE, ROCK & TURN

- 1-2      Walk forward right, left  
3&4      Cross rock right over left, recover weight onto left, step right to the right side making ¼ turn right  
&5-6      Step left foot next to right, walk forward right, left  
7&8      Cross rock right over left, recover weight onto left, step right foot to right side making ¼ turn right

## & TOUCH HOLD, & TURN HOLD, CROSS & HEEL, COASTER STEP

- &1-2      Step left foot next to right, touch right foot to right side, hold  
&3-4      Turn ½ right stepping right next to left, touch left foot to left side, hold  
5&6      Cross left foot over right, step back on right, touch left heel forward  
7&8      Step back on left, step right next to left, step forward on left

REPEAT

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