

Two-Two Twain

拍数: 88 墙数: 2 级数: Advanced
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音乐: Man! I Feel Like a Woman! - Shania Twain



MODIFIED SAILOR SHUFFLES

1 Cross step right behind left
& Step on left next to right
2 Step to the right on right foot
3 Cross step left behind right
& Step on right next to left
4 Step to the left on left foot
5-8 Repeat counts 1-4

RIGHT KICK BALL CHANGE, SIDE STEPS

9 Kick right foot forward
& Step on right next to left
10 Change weight to left foot
11&12 Repeat counts 9&10
13 Step to the right on right foot
14 Step left next to right
15 Step to the right on right foot
16 Touch left next to right and clap hands

LEFT KICK-BALL CHANGE, SIDE STEPS

17 Kick left foot forward
& Step on left next to right
18 Change weight to right foot
19&20 Repeat counts 17&18
21 Step to the left on left foot
22 Step right foot next to left
23 Step to the left on left foot
24 Touch right next to left and clap hands

SUGAR FOOT WALKS

25 Touch right toe to instep of left
26 Touch right heel to instep of left
27 Step forward on right foot
28 Clap hands
29 Touch left toe to instep of right
30 Touch left heel to instep of right
31 Step forward on left foot
32 Clap hands
33-40 Repeat counts 25-32

DOUBLE KICK, TRIPLE STEP

41-42 Kick right foot twice
43&44 Triple step in place (right, left, right)
45-46 Kick left foot twice
47&48 Triple step in place (left, right, left)

ROCKING CHAIR, ½ TURN TO THE RIGHT

- 49 Rock forward on right foot
- 50 Step in place on left foot
- 51 Rock back on right foot
- 52 Step in place on left foot
- 53 Rock forward on right foot
- 54 Step in place on left foot
- 55 Step back on right foot making a ½ turn to the right
- 56 Stomp left foot next to right
- 57-64 Repeat counts 49-56

FORWARD SHUFFLES, MILITARY PIVOT ½ TO THE LEFT, STOMP,STOMP

- 65&66 Forward shuffles (right, left, right)
- 67&68 Forward shuffles (left, right, left)
- 69 Step forward on right foot making a ½ turn to the left
- 70 Shift weight to left foot
- 71 Stomp right foot
- 72 Stomp left foot

SIDE STRUTS, WITH TOE LEAD, DOUBLE KICK LEFT

- 73 Step to the right with toe lead
- 74 Step right heel down
- 75 Step left next to right with toe lead
- 76 Step left heel down
- 77 Step to the right with toe lead
- 78 Step right heel down
- 79-80 Kick left foot twice

SIDE STRUTS, WITH TOE LEAD, DOUBLE KICK RIGHT

- 81 Step to the left with toe lead
- 82 Step left heel down
- 83 Step right next to left with toe lead
- 84 Step right heel down
- 85 Step to the left with toe lead
- 86 Step left heel down
- 87-88 Kick right foot twice

REPEAT
