2-Step Routine - Part 1 (P)



拍数: 78 **墙数**: 0 **级数**: Partner

编舞者: Jack Hassett (USA)

音乐: Half Enough - Lorrie Morgan



Position: The partners are in a closed position. The man facing LOD, his partner is facing him (RLOD). The man's left hand is holding the lady's right hand, his right hand is placed behind her back on the lady's left shoulder blade. She has her left hand on the front of his right shoulder, her elbow resting in the crook of his right arm. Her arm is firm, not relaxed

MAN'S STEPS BASIC 2-STEP

1-2 (QQ) Step forward on left foot, step forward on right foot

3-6 (SS) Step forward on left foot, hold, step forward on right foot, hold

BASIC - PREP FOR FRONT TURN

7-8 (QQ) Step forward on left foot, step forward on right foot 9-12 (SS) Step forward on left foot, step forward on right foot

As you step forward on your right foot, tug lightly on your partner's right hand so she turns slightly with her right shoulder facing 7:30 and her left shoulder facing 1:30

BASIC 2-STEP

Raise the lady's right hand over her head and push gently on her left shoulder blade, starting her into a full turn to the right, in front of you

13-14 (QQ) Step forward on left foot, step forward on right foot

15-18 (SS) Step forward on left foot, hold, step forward on right foot, hold

19-20 (QQ) Step forward on left foot, step forward on right foot

21-24 (SS) Step forward on left foot, hold, step forward on right foot, hold

BASIC - PREP FOR TURN TO SIDE

25-26 (QQ) Step forward on left foot, step forward on right foot

27-30 (SS) Step forward on left foot, hold, step forward on right foot, hold

As you step forward on your right foot, tug lightly on your partner's right hand so she turns slightly with her right shoulder facing 7:30 and her left shoulder facing 1:30

BASIC 2-STEP

Raise the lady's right hand over her head and push gently on her left shoulder blade, starting her into a 1 ½ turn to the right, with her ending up on your right side facing LOD

31-32 (QQ) Step forward on left foot, step forward on right foot

33-36 (SS) Step forward on left foot, hold, step forward on right foot, hold

To ensure your partner moves to your right side, as you hold her hand in the air and she is making her turns, switch hands so your right hand is now holding her right hand and move her hand (in the air) to your right side, and her body will follow. Also, as she starts to move to your right side, step up into the vacated space in front of you so she cannot remain in the middle and in front of you

Both partners are Side By Side (Sweetheart Position) facing down (LOD), lady's left hand in man's left, his right arm behind her back, his right hand holding her right hand

BASIC - PREP FOR TO THE LEFT SIDE TURN

37-38 (QQ) Step forward on left foot, step forward on right foot

39-42 (SS) Step forward on left foot, hold, step forward on right foot, hold

As you step forward on your right foot, tug lightly on your partner's right hand so she turns slightly with her right shoulder facing 4:30 and her left shoulder facing 10:30. The man's left arm should be extended out pointed at 10:30 and his right arm should be extended out pointed at 4:30. He holds the lady's left hand in his left hand and her right hand in his right hand

BASIC 2-STEP

Drop the lady's left hand and raise her right hand over her head turning her one full turn to the left. She will end up one your right side facing LOD

43-44 (QQ) Step forward on left foot, step forward on right foot

45-48 (SS) Step forward on left foot, hold, step forward on right foot, hold

To ensure your partner stays on your right side, when you raise her right hand, hold the hand up straight over her head but to your right

49-60 Repeat steps 37-48

BASIC - PREP FOR TURN TO THE LEFT

61-62 (QQ) Step forward on left foot, step forward on right foot

63-66 (SS) Step forward on left foot, hold, step forward on right foot, hold

As you step forward on your right foot, tug lightly on your partner's right hand so she turns slightly with her right shoulder facing 4:30 and her left shoulder facing 10:30. The man's left arm should be extended out pointed at 10:30, and his right arm should be extended out pointed at 4:30. He holds the lady's left hand in his left hand and her right hand in his right hand

BASIC 2-STEP

Drop the lady's left hand and raise her right hand over her head turning her one and ½ turns to the left. She will end up facing you as you are facing LOD

67-68 (QQ) Step forward on left foot, step forward on right foot

69-72 (SS) Step forward on left foot, hold, step forward on right foot, hold

BASIC 2-STEP

73-74 (QQ) Step forward on left foot, step forward on right foot

75-78 (SS) Step forward on left foot, hold, step forward on right foot, hold

REPEAT

LADY'S STEPS

BASIC 2-STEP

1-2 (QQ) Step back on right foot, step back on left foot

3-6 (SS) Step back on right foot, hold, step back on left foot, hold

BASIC - PREP FOR FRONT TURN

7-8 (QQ) Step back on right foot, step back on left foot

9-12 (SS) Step back on right foot, hold, step back on left foot, hold

BASIC 2-STEP, FULL TURN TO THE RIGHT

As the man raises your right hand and gently pushes on your left shoulder, start a full turn to the right

13-14 (QQ) Step back and slightly side with right foot, turn a full turn on the ball of your right foot, step back on left foot

You are now facing your partner

15-18 (SS) Step back on right foot, hold, step back on left foot, hold

BASIC 2-STEP

19-20 (QQ) Step back on right foot, step back on left foot

21-24 (SS) Step back on right foot, hold, step back on left foot, hold

BASIC - PREP FOR TURN TO SIDE

25-26 (QQ) Step back on right foot, step back on left foot

27-30 (SS) Step back on right foot, hold, step back on left foot, hold

BASIC - 1 ½ TURN TO THE RIGHT

As the man raises your right hand and gently pushes on your left shoulder, start a 1 ½ turn to the right

31-32	(QQ) Turn ½ to the right on the ball of your left foot and step the right foot forward, turn
	another ½ turn to the right on the ball of your right foot and step the left foot back
33-36	(SS) Turn another ½ turn to the right on the ball of your left foot, hold, step the right foot forward, hold

You are now along side your partner's right shoulder facing LOD

BASIC - PREP FOR TO THE LEFT SIDE TURN

37-38	(Q) Step forward on right foot, step forward on le	eft foot
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39-42 (SS) Step forward on right foot, hold, step forward on left foot, hold

BASIC - 1 FULL TURN TO THE LEFT

As the man drops your left hand and raises your right hand, you will complete a full turn to the left, ending up on the man's right side facing LOD

43-44	(QQ) Step forward on right foot, turn a full turn to the left on the ball of the right foot and then
	step forward on the left foot

45-48 (SS) Step forward on right foot, hold, step forward on left foot, hold

49-60 Repeat steps 37-48

BASIC - PREP FOR TURN TO THE LEFT

61-62	(QQ)	Step forward	d on right foot,	step	forward	on left foot

63-66 (SS) Step forward on right foot, hold, step forward on left foot, hold

BASIC - 1 1/2 TURN TO THE LEFT

As the man drops your left hand and raises your right hand, you will complete a 1 and ½ turn to the left, ending up facing the man with your back facing LOD

67-68	(QQ) Step forward on	your right foot, t	turn a full turn to the le	ft on the ball of your right foot
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and step forward with your left foot

69-72 (SS) Continue turning an additional ½ turn on the ball of your left foot and step back on your

right foot, hold, step back on your left foot, hold

BASIC 2-STEP

73-74 (QQ) Step back on right foot, step back on left foot

75-78 (SS) Step back on right foot, hold, step back on left foot, hold

REPEAT