

2 Wall Samba

拍数: 32 墙数: 2 级数: Beginner samba
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音乐: La Mucara - The Mavericks



GRAPEVINE RIGHT WITH SAMBA STEP, GRAPEVINE LEFT WITH SAMBA STEP

- 1-2 Step right to right side, cross left behind
- 3&4 Step right to right side, cross ball of left foot behind as rock back, rock forward on right
- 5-6 Step left to left side, cross right behind
- 7&8 Step left to left side, cross ball of right foot behind as rock back, rock forward on left

SAMBA WALKS FORWARD

- 1&2 Step forward on right, step ball of left beside heel of right, step forward right
- 3&4 Step forward on left, step ball of right beside heel of left, step forward left
- 5&6 Step forward on right, step ball of left beside heel of right, step forward right
- 7&8 Step forward on left, step ball of right beside heel of left, step forward left

BOX STEPS WITH SAMBA STEP

- 1-2 Cross right over left, large step back on left
- 3&4 Step right to right side, step ball of left beside right, step right in place
- 5-6 Cross left over right, large step back on right
- 7&8 Step left to left side, step ball of right beside left, step left in place

SAMBA WALKS, ½ TURN LEFT, SALSA WALKS

- 1&2 Step forward on right, step ball of left beside heel of right, step forward right
- 3&4 Step forward on left, step ball of right beside heel of left, step forward left
- 5-6 Step forward on right, pivot ½ turn left
- 7 Place right forward keeping weight on left as straightening left knee and pushing left hip to left
- 8 Place left forward keeping weight on right and pushing right hip to right
- & Transfer weight to left ready to start again

REPEAT

STYLING

On samba walks as rock back upper body leans forward (contra-body movement). Same arm as front foot is flexed at waist level vertically as same arm as back foot is flexed horizontally across the waist.
