

Two Seconds

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Terry Cullingham (UK)
音乐: Two Seconds - Laura Cantrell



CROSS, BACK, RIGHT CHASSE, SIDE, BACK, LEFT COASTER STEP

1-2 Cross right over left, step left back
3&4 Step right to right side, close left beside right, step right to right side
5-6 Step left to left side, step right back (small step)
7&8 Step left back, step right beside left, step left forward

TOUCH BACK, PIVOT ½ TURN RIGHT, CROSS SHUFFLE, SIDE ROCK, FULL TURN LEFT

9-10 Touch right toe back, reverse pivot ½ turn right
11&12 Cross left over right, step right to right side, cross left over right
13-14 Rock right to right side, recover on left
15-16 ½ turn left stepping right to right side, ½ turn left stepping left to left side

FORWARD ROCK, ¼ TURN RIGHT, RIGHT CHASSE ¼ TURN, STEP, PIVOT ¾ TURN RIGHT, LEFT CHASSE

17-18 Rock right forward, recover on left
19&20 ¼ turn right stepping right to right side, close left beside right, ¼ turn right stepping right forward
21-22 Step left forward, pivot ¾ turn right
23&24 Step left to left side, close right beside left, step left to left side

½ TURN RIGHT, ¼ TURN RIGHT, BACK ROCK, ½ TURN LEFT, SIDE, ¼ TURN LEFT, SIDE, BEHIND

25-26 ½ turn right stepping forward right, ¼ turn left stepping left to left side
27-28 Rock right back, recover on left
29-30 ½ turn left stepping right back, step left to left side
31-32 ¼ turn left stepping right to right side, cross left behind right

¼ TURN RIGHT, STEP, RIGHT SHUFFLE BACK, TOUCH BACK, PIVOT ½ TURN LEFT, STEP, PIVOT ¼ TURN LEFT

33-34 ¼ turn right stepping right forward, step left forward
35&36 Step right back, close left beside right, step right back
37-38 Touch left toe back, reverse pivot ½ turn left
39-40 Step right forward, pivot ¼ turn left

CROSS, ¼ TURN RIGHT, RIGHT COASTER STEP, STEP, MONTEREY ½ TURN, POINT, STEP

41-42 Cross right over left, ¼ turn right stepping left back
43&44 Step right back, step left beside right, step right forward
45-46 Step left forward, point right to right side
47-48& ½ turn right stepping right beside left, point left to left side, step left beside right

Restart from here on wall 3

CROSS, SIDE, CROSS, ¼ TURN RIGHT TWICE, CROSS, ¾ TURN RIGHT LEFT SHUFFLE

49-50 Cross right over left, step left to left side
51&52 Cross right over left, ¼ turn right stepping left back, ¼ turn right stepping right to right side
53-54 Cross left over right, unwind ¾ turn right
55&56 Step left forward, step right beside left, step left forward

BACK ROCK, RIGHT KICK BALL TOUCH, ½ TURN RIGHT, STEP BACK, LEFT SAILOR ¼ TURN LEFT

57-58 Rock right back, recover on left
59&60 Kick right forward, step right beside left, touch left beside right
61-62 ½ turn right stepping left back, step right back
63&64 Step left behind right, step right to right side, ¼ turn left stepping left forward

REPEAT

RESTART

On wall 3, restart the dance after count 48&

ENDING

At the end of wall 7 finish the dance by crossing right over left and unwinding ½ turn left
