

Two Pina Coladas

COPPER KNOB
STEPPERS

拍数: 72 墙数: 4 级数: Intermediate
编舞者: Veda Holder (USA)
音乐: Two Pina Coladas - Garth Brooks



Special thanks to Sharon Emmet for her professional advice.

SWAY RIGHT, SWAY LEFT, right STAGGER- STEP, left STAGGER -STEP

1-2 Sway right, sway left
3-5 Cross step right over left, step left back, step right to right side
6-8 Cross step left over right, step right back, step left to left side
B SHUFFLE RIGHT, ROCK, ROCK, SHUFFLE LEFT, ROCK, ROCK
1-4 Shuffle side right (right, left, right), rock back on left, rock forward on right,
5-8 Shuffle side left (left, right, left), rock back on right, rock forward on left

SHUFFLE FORWARD, SHUFFLE FORWARD, SHUFFLE FORWARD, SHUFFLE FORWARD

1&2 Step right forward, step left next to right, step forward right
3&4 Step left forward, step right next to left, step forward left
5-8 Repeat the above 4 counts

WALK BACK 4 COUNTS, ¼ MONTEREY TURN RIGHT

1-4 Step back right, step back left, step back right, step back left
5-8 Point right to right side, turn ¼ right on ball left stepping right next to left, point left to left side, step left next to right

¼ MONTEREY TURN RIGHT, CAMEL WALK,

1-4 Point right to right side, turn ¼ right on ball left stepping right next to left, point left to left side, touch left next to right
5-8 Step left forward on diagonal, lock-step right behind left, step left forward on diagonal, brush right

WALK IN ½ CIRCLE, KICK, TRIPLE STEP

1-4 Walk right, left, right, left in a ½ circle right
5-7&8 Kick right, step right, triple step in place (left, right, left)

VINE RIGHT, FOOT BOOGIES LEFT

1-4 Step right to right side, cross left behind right, step right to right side, stomp down left next to right

Foot boogies progress to the left

5 (Weight on left heel and right toes)-swivel left toes to left and swivel right heel left
6 (Weight on right heel and left toes)-swivel left heel to left and swivel right toes to left
7-8 Repeat counts 5 and 6 above

SHIMMY TWICE, ¼ TURN, STOMP, HOLD

1-4 Step left forward, shimmy shoulders, step right back, shimmy shoulders
5-6 Cross left behind right turning ¼ right, step right next to left
7-8 Stomp down left, hold

STOMP, HOLD TWICE, RIGHT SAILOR SHUFFLE, LEFT SAILOR SHUFFLE

1-4 Stomp right, hold, stomp left, hold
5&6 Cross right behind left, step on ball of left, step right next to left
7&8 Cross left behind right, step on ball of right, step left next to right

REPEAT
