

The Twister

拍数: 32 墙数: 2 级数: Intermediate/Advanced
编舞者: Robert Hocking (UK)
音乐: Excuses & Lies - Henry Smith's Country Dreams



HEEL SWITCHES WITH LEFT ¼ TURN

1 Touch right heel forward
& Step right foot in place, ¼ turn left
2 Touch left heel forward
& Step left foot in place
3 Touch right heel forward
& Step right foot in place
4 Touch left heel forward

½ TURN, SHUFFLE ½ TURN

& Step left foot in place
5 Step forward on right foot
6 Pivot ½ turn left
7&8 Making ½ turn to left, shuffle right, left, right

½ TURN, RIGHT KICK BALL CHANGE

9 Touch left toe behind right foot
10 Pivot ½ turn left (transfer weight onto left foot)
11 Kick right foot forward
& Step back on right foot, slightly lift left foot
12 Step down on left foot

RIGHT GRAPEVINE, LEFT ROLLING GRAPEVINE WITH ¼ TURN LEFT

13 Step right foot to right
14 Cross left foot behind
15 Step right foot to right
16 Touch left besides right
17-19 Traveling to left step left, right, left, making 1 & ¼ turn to the left
20 Touch right foot beside left foot

CHASSE RIGHT, ROCK BACK, FORWARD, CHASSE LEFT, RIGHT BACK, ½ TURN

21 Step right foot to right
& Slide left foot to right
22 Step right foot to right
23 Rock left foot behind right foot
24 Rock back on right
25 Step left foot to left
& Slide right foot to left
26 Step left foot to left
27 Touch right toe behind left foot
28 Pivot ½ turn to right (transfer weight onto right foot)

½ TURN, SHUFFLE ½ TURN

29 Step forward on left foot
30 Pivot ½ turn to right
31&32 Making ½ turn to right, shuffle left, right, left

REPEAT
