

Twist & Kick

COPPERKNOB
STEPSHETS

拍数: 60 墙数: 2 级数:
编舞者: Barbara Stocks (AUS)
音乐: Cut Me Off - Perfect Stranger



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- 1-4 Twist heels right, toes right, heels right, toes right.
5-8 Twist toes left, heels left, toes left, heels left.
9-12 Kick right 45 degrees twice, stomp right twice.
13-16 Kick left 45 degrees twice, stomp left twice.
- 17-20 Hop to side right, left together, clap, clap.
21-24 Hop to side left, right together, clap, clap.
25-28 Step forward right, kick left, step back left, touch right back.
29-32 Step forward right, kick left, step back left, right together.
- 33-36 Twist heels right, toes right, heels right, toes right.
37-40 Twist toes left, heels left, toes left, heels left.
41-44 Step right 45 degrees, left together twice with clap & kick at end.
45-48 Step left 45 degrees, right together twice with clap & kick at end.
- 49-52 Step forward right, pivot ½ turn to left, stomp right to left, clap.
53-56 Vine right (right-left-right, kick left 45 degrees with clap)
57-60 Vine left (left-right-left) right together.

REPEAT
