

# Twinkle Hesitation (Walker)

拍数: 24      墙数: 4      级数: Beginner waltz  
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音乐: Who Says You Can't Have It All - Alan Jackson



## RIGHT AND LEFT TWINKLES

The twinkle is commonly used with waltz steps. Begin with weight on your right foot.

- 1 Step diagonally with the left foot to the right, to the side but forward from the right foot
- 2 Step to change weight onto the right foot
- 3 Step back to the original position with the left foot
- 4 Step diagonally with the right foot to the left, to the side but forward from the left foot.
- 5 Step to change weight onto the left foot.
- 6 Step back to the original position with the right foot

## FORWARD AND BACK HESITATION STEPS

### Forward

- 1 Step forward with left foot
- 2 Step the right foot beside the left foot
- 3 Change weight to the left foot by stepping in place
- 4 Step forward with right foot
- 5 Step the left foot beside the right foot
- 6 Change weight to the right foot by stepping in place

### Backward

- 1 Step back with left foot
- 2 Step the right foot beside the left foot
- 3 Change weight to the left foot by stepping in place
- 4 Step back with right foot making a  $\frac{1}{4}$  turn left
- 5 Step the left foot beside the right foot
- 6 Change weight to the right foot by stepping in place

## HESITATION TURN

- 1 Step forward with left foot in front of right foot
- 2 Step in place with right foot
- 3 Step back with left foot
- 4 Step forward with right foot
- 5 Step forward with left foot
- 6 Pivot  $\frac{1}{4}$  right on balls of both feet

## REPEAT

Twinkle Hesitation can be danced by persons who feel they must use walkers. The tempo and movements are planned to allow easy manipulation of a walker, with or without wheels. Experience indicates that most dancers find the ability to dance without their walkers once they become accustomed to the steps.