

# Twice Nude

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Roy Greene (USA)  
音乐: Nude Bootscootin' - Grant Luhrs



## STOMP, STOMP / JUMP, CROSS, JUMP / TOUCH / STOMP, STOMP

- 1-2      Weight on right foot, stomp left foot next to right foot, twice, weight ending on right foot
- 3      Jump, ending with both feet shoulder width apart, weight on both feet
- 4      Jump again, crossing right foot over left foot, weight on both feet
- 5      Jump a final time, ending with feet apart, weight on left foot
- 6      Weight remaining on left foot, slide or touch right foot next to left foot
- 7-8      Weight remaining on left foot, stomp right foot twice

## SIDE / HITCH / CROSS / HOLD

- 9      Weight remaining on left foot, touch / point right toe out to right side
- 10      Weight remaining on left foot, hitch right knee crossed in front of left leg
- 11      Cross right foot over left foot, weight on right foot
- 12      Hold for one count!

## TWIST / TWIST / TURN AROUND

- 13      Weight on both toes, twist heels to the right
- 14      Weight on both toes, twist heels to the left
- 15-16      Unwind by turning ½ turn left, weight equally on both feet (gentleman placing hands at hips on count 16)

## HANGING OUT WOMEN'S STEPS: GRAB BLOUSE & PULL IT OFF, SHAKE 'EM FRONT / SHAKE 'EM BACK

- 17      Weight on both feet, cross right hand to left hip, leaving it there
- 18      Weight on both feet, cross left hand to right hip, leaving it there
- 19-20      Raise hands up & uncross over head, kinda' wiggling hips & body, as if wiggling out of blouse
- 21-22      Bringing hands back down to sides, weight equally on both feet, bend forward from waist and shimmy shoulders for 2 counts
- 23-24      Straighten up, shimmying back, weight ending on right (see variations)

## HANGING OUT MEN'S STEPS: GRAB PANTS & SLIDE 'EM DOWN (HIP / HIP / HIP / HOLD); LOOK AT ME / LOOK AT ME (HEEL, HOME / HEEL, HOME)

- 17-20      Weight on both feet, slightly bending from the waist, fists already at hips, slide right hand down a little (popping out left knee), left hand down a little (popping out right knee); right hand down (popping out left knee) simulating removal of pants & hold, weight ending on right (see variations)
- 21      Weight on right, tap left heel 45: diagonally forward
- 22      Step left foot next to right foot, weight on left foot
- 23      Weight on left, tap right heel 45: diagonally forward
- 24      Step right foot next to left foot, weight on right foot (the stance or spread of legs, will be determined by how much the gentleman wishes to "brag!")

## SCOOT, SCOOT / ROCK / TURN

- 25-26      Weight remaining on right foot, lift left knee in a "reverse chug" and scoot back on right foot twice
- 27      Step left foot back, rocking weight to it
- 28      Begin ¼ turn right by stepping right foot ¼ right, weight on it

## **SWAY LEFT / SWAY RIGHT**

- 29-30            Complete turn, step left foot next to right, rocking weight to left foot, swaying hips and body to left
- 31-32            Rocking weight to right foot, swaying hips and body to right, ending with weight on right foot

## **REPEAT**

## **VARIATIONS:**

### **LOW IMPACT VERSION (INSTEAD OF JUMPING)**

- 3                Step left foot to left side, weight on it
- 4                Cross right foot over left foot, weight on right foot
- 5                Step left foot to left side, weight on it

**On steps 17-24: (especially for music other than Nude Bootscootin', dancers might do hip bumps or body rolls) or substitute any favorite fast 8 count variation.**

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