

Twice

拍数: 32 墙数: 4 级数: Improver
编舞者: Tracey D'Angelo
音乐: 2 Times - Ann Lee



HEEL SWITCHES, PIVOT TURN, ROCK, COASTER STEP

1&2& Touch right heel forward, return to place, touch left heel forward, return to place
3-4 Step right foot forward and pivot $\frac{1}{2}$ turn left
5-8 Rock forward on right, rock back onto left, right coaster step

PIVOT $\frac{1}{2}$ TURN RIGHT, SHUFFLE FORWARD, ROCK FORWARD, HOP STEPS BACK

9-12 Step left foot forward, pivot $\frac{1}{2}$ turn right, shuffle forward left, right, left
13-14 Rock forward on right back on left
&15&16 Hop scoot back on left while lifting right knee, hop scoot back on right while lifting left knee, step down on left foot

ROCK TO RIGHT, SHUFFLE ACROSS, ROCK $\frac{1}{4}$ TURN RIGHT SHUFFLE FORWARD

17-18 Rock to right on right foot, return weight to left
19&20 With right foot in front of left shuffle left
21-22 Rock to left on left foot, turn $\frac{1}{4}$ turn right and replace weight onto right foot
23&24 Shuffle forward left, right, left

SPIN FULL TURN MOVING FORWARD OVER TWO BEATS, SHUFFLE FORWARD, SPIN FULL TURN MOVING FORWARD OVER TWO BEATS AND SHUFFLE FORWARD

25-26 Spin full turn stepping right, left
27-28 Shuffle forward right, left, right
29-30 Spin full turn stepping left, right
31-32 Shuffle forward left, right, left

REPEAT
