

# Twenty Four Step

COPPER KNOB  
BY STEPHEN METZ

拍数: 32      墙数: 0      级数:  
编舞者: Unknown  
音乐: Thank God I'm a Country Boy - John Denver



Position: To the left around the floor

## 2 LEFT HEEL, 2 SWIVITS RIGHT:

- 1-2            Left heel forward (45 degree angle to left), left foot together
- 3-4            Repeat steps 1-2
- 5-6            "swivit" right so toes point to the right, then return toes to front.
- 7-8            Repeat steps 5-6

A right "SWIVIT" is done with weight on heel of the right foot and on the ball of the left foot, then pivot both feet to angle to the right at  $\frac{1}{4}$  turn, so that the toes of both feet point to the right. In doing so, the left heel moves left and the right toes move right.

## 2 RIGHT HEELS, 2 HEELS RIGHT:

- 1-2            Right heel forward (45 degree angle to right), right foot together
- 3-4            Repeat steps 1-2
- 5-8            Pivot heels right, center, left, center

## RIGHT AND LEFT HOOK:

- 1-2            Right heel forward, right heel cross in front of left knee
- 3-4            Right heel forward, right together
- 4-6            Left heel forward, left heel cross in front of right knee
- 7-8            Left heel forward, touch left toe back

## 4 SHUFFLES FORWARD:

- 1&2            Shuffle forward left, right, left
- 3&4            Shuffle forward right, left, right
- 5&6            Shuffle forward left, right, left
- 7&8            Shuffle forward right, left, right

REPEAT

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