

Turn The Beat Around

COPPERKNOB
STEPSHETS

拍数: 36 墙数: 4 级数: Intermediate
编舞者: Unknown
音乐: Turn the Beat Around - Gloria Estefan



POLKA WITH ½ TURN; ROCK STEP; HEEL SWIVELS; POLKA

1&2 Polka left forward, turning ½ right
3 Step right back
4 Shift weight back to left
&5&6 Swivel heels right, left, right, left
7&8 Polka right in place

POLKA WITH ½ TURN; ROCK STEP; HEEL SWIVELS; POLKA

9&10 Polka left forward, turning ½ right
11 Step right back
12 Shift weight back to left
&13&14 Swivel heels right, left, right, left
15&16 Polka right in place

GRAPEVINES

17-20 Grapevine left
21-24 Grapevine right

STEP; TOUCH; STEP; TOUCH; STEP; PIVOT; STEP; PIVOT

25 Step left slightly left
26 Touch right heel slightly right and forward
27 Step right slightly right
28 Touch left heel slightly left and forward
29 Step left forward
30 Pivot ½ right
31 Step left forward
32 Pivot ¼ right

POLKA BACK; POLKA BACK

33&34 Polka back left
35&36 Polka back right

REPEAT
