

Turn Me On

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Lynn Dodge (USA)
音乐: You Turn Me On - Tim McGraw



KNEE KNOCKS TO THE RIGHT AND TOUCH

Bending down at the knees, with feet shoulder's width apart

- 1-3 Knock knees together 3 times, leaning upper body to the right and moving up with each knock until right leg is straight.
4 With weight on right foot touch left toe out to left side.

KNEE KNOCKS TO THE LEFT AND TOUCH

Bending down at the knees, with feet shoulder's width apart

- 5-7 Knock knees together 3 times, leaning upper body to the left and moving up with each knock until left leg is straight.
8 With weight on left foot touch right toe out to right side

SYNCOPATED SIDE POINTS WITH ¼ TURN HIP CIRCLE

- 1-2 Touch right heel forward, point right toe to the right side
&3 Step right foot next to left foot, point left toe to left side
4 Swing hips around in a circular motion 1/4 turn to right (weight is on right foot, left foot is back)

STEP, SLIDE, STEP, SCUFF

- 5-6 Step left foot forward, slide right foot up to and behind left foot
7-8 Step left foot forward, scuff right foot forward

BRUSH, TOE, TURN, HOLD OR CLAP

- 1 Crossing right foot over left foot, brush right toe back
2 Tap right toe to the left and next to left foot
3-4 Turn 1/2 to the left, hold one count and/or clap

BODY ROLL (OR HIP ROLLS)

- 5-8 Do 2 body rolls (or 2 hip rolls in a circle to the right)

MONTEREY TURN, TOUCH, STEP

- 1 Touch right toe to right side
2 Pivoting on ball of left foot, turn 1/2 turn to the right and step right foot next to left
3-4 Touch left toe out to left side, step left foot next to right foot

MONTEREY TURN, TOUCH, STEP

- 5-8 Repeat counts 25-28

REPEAT
