

Turn Me Loose!

拍数: 32 墙数: 4 级数: Beginner
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音乐: Lot of Leavin' Left to Do - Dierks Bentley



ANGLED STEP TOUCHES WITH CLAPS

- 1-2 Step forward at an angle with right foot, touch left toe beside right foot, clap
- 3-4 Step forward at an angle with left foot, touch right toe beside left foot, clap
- 5-6 Step forward at an angle with right foot, touch left toe beside right foot, clap
- 7-8 Step forward at an angle with left foot, touch right toe beside left foot, clap

WALK BACK WITH ATTITUDE, TOUCH BACK PIVOT TURNS

- 9-12 Walk backwards right, left, right, left

Remember the song is about leaving so walk back with attitude

- 13-14 Touch right toe back, pivot $\frac{1}{2}$ turn right weight shifts to right
- 15-16 Touch left toe back, pivot $\frac{1}{2}$ turn left weight shifts to left

Again keeping with the theme of the song show some attitude with the turns, should I go? Should I stay?

MODIFIED GRAPEVINE WITH FULL TURN RIGHT, CROSSOVER STEP, FORWARD STOMP

- 17-18 Step right to right side, step left behind
- 19-20 Step right to right making a $\frac{1}{2}$ turn right, continue making another $\frac{1}{2}$ turn right stepping left (total of full turn)
- 21-22 Step right to right side, cross left in front of right
- 23-24 Step right to right side, stomp left foot slightly forward leaning slightly forward to prepare for turn, weight goes to left

STEP $\frac{1}{2}$ TURN, BIG STEP $\frac{1}{4}$ TURN, DRAG TOGETHER, HIP BUMPS

- 25-26 Step forward right, pivot $\frac{1}{2}$ turn left weight shifts to left
- 27-28 Take a big step forward with right foot while making a $\frac{1}{4}$ turn left, drag left foot together touching toe next to right foot
- 29-30 Bump hips and shift weight left, left
- 31-32 Bump hips and shift weight right, then left

REPEAT

You can substitute Applejacks for the hip bumps in count 29-32 and/or shuffle backwards twice instead of walking back on counts 9-12