Turn It Around

拍数: 32

级数: Improver

编舞者: Eleanor Evans

音乐: Bad Day - Daniel Powter

RIGHT JAZZ BOX, LEFT CROSSING SHUFFLE, LEFT SWEEP ¼ TURN LEFT, RIGHT COASTER STEP

- 1&2Step right across left, step left back, step right to right side
- 3&4 Step left diagonally forward across right, step right diagonally forward, step left diagonally forward across right
- &5-6 Step back on right, sweep left foot making ¼ turn left from front and step back on left
- 7&8 Step back on right, step left beside right, step right forward

FORWARD LEFT ROCK, ½ TURN LEFT, FORWARD RIGHT ROCK ½ TURN RIGHT, STEP ½ TURN RIGHT, STEP BACK RIGHT LEFT DRAG TO RIGHT, BALL CHANGE

- 1&2 Rock forward on left foot, rock back onto right, on ball of right make ½ turn left stepping left foot forward
- 3&4 Rock forward on right foot, rock back onto left, on ball of left make ½ turn right stepping right foot forward
- 5-6 On ball of right make ¹/₂ turn right stepping left foot back (big step)
- 7&8 Slide left foot to right, step left beside right step right foot forward

HIP SWAYS LEFT, RIGHT, LEFT, RIGHT BACK ROCK ¼ TURN LEFT, LEFT COASTER CROSS MAKING ¼ TURN LEFT, RIGHT SCISSOR STEP

- 1&2 Sway hips left, right, left
- 3&4 Rock back on right foot, rock forward onto left begin turning ¼ left, step right foot back completing ¼ turn left
- 5&6 Step back on left foot, step right beside left, make ¼ turn left step left across right
- 7&8 Step right to right side, step left beside right, step right across left

HINGE TURN ½ RIGHT, RIGHT SIDE SHUFFLE, CROSS UNWIND, HIP BUMPS

- 1&2 Step left to left side making ¼ turn right, step right to right side ¼ turn right, step left across right
- 3&4 Step right to right side, step left across right, step right to right side
- 5-6 Cross left behind right unwind ½ turn over left shoulder, bump hips to left side, weight on left
- 7-8 Push hips to right, push hips to left

REPEAT

TAG

During 4th wall, dance up to count 24 right scissor step. Dance a hinge turn as a full turn to bring you back to front wall, sway hips to right, sway hips to left, start dance from beginning

TAG

During 6th wall, dance up to count 16 ball change

- 1&2 Rock left to left side, step right beside left, cross left over right (scissor step)
- 3-4 Sway hips to right side, sway hips to left side
- 5&6 Rock right to right side, step left beside right, cross right over left (scissor step)
- 7-8 Sway hips to left, sway hips to right

Continue dance from count 17 (hip bumps left, right, left)





墙数:4