

# Turbo Sixteen Step

COPPER KNOB  
BY STEPHEN

拍数: 24      墙数: 0      级数:  
编舞者: Unknown  
音乐: Dance - Twister Alley



This is a high-energy version of 16-Step (Rebel Stomp) that can be done along with 16-Step.

## HEEL TAPS

1-2      Tap right heel forward twice  
&3      Step right foot next to left. Tap left heel forward.  
&4      Step left foot next to right. Touch right toe next to left foot.  
&5&6      Repeat &3&4

## SHIFT WEIGHT FORWARD & BACK

7&      Rock forward on right heel with a "squash the bug" motion. Rock weight onto left foot.  
8&      Rock back on right toes with a "squash the bug" motion. Rock weight onto left foot.

The "squash" motion becomes more difficult at higher speeds, and can be replaced with a simple rock forward and back.

## MILITARY TURNS

9-10      Right foot step forward. Pivot on both feet ½ turn to the left.  
11-12      Right foot step forward. Pivot on both feet ½ turn to the left.

## SHIFT WEIGHT FORWARD & BACK TWICE

13&      Rock forward on right heel with a "squash the bug" motion. Rock weight onto left foot.  
14&      Rock back on right toes with a "squash the bug" motion. Rock weight onto left foot.  
15&      Rock forward on right heel with a "squash the bug" motion. Rock weight onto left foot.  
16&      Rock back on right toes with a "squash the bug" motion. Rock weight onto left foot.

## SHUFFLES

17&18      Shuffle forward right, left, right  
19&20      Shuffle forward left, right, left  
21&22      Shuffle forward right, left, right  
23&24      Shuffle forward left, right, left

## REPEAT

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