

The Tunnel Strut

拍数: 32 墙数: 2 级数: Improver
编舞者: David Pytka (USA)
音乐: Your Love Don't Take a Backseat to Nothing - Brooks & Dunn



This dance is dedicated to all who attended the tunnel tour. You know who you are

SHUFFLE FORWARD, TOE-HEEL STRUTS, SHUFFLE FORWARD

1&2 Step forward on right, step left next to right, step forward on right
3-4 Touch left toe forward, drop left heel (shifting weight)
5-6 Touch right toe forward, drop right heel (shifting weight)
7&8 Step forward on left, step right next to left, step forward on left

SIDE SHUFFLE, CROSS ROCK INTO ¼ TURN, STEP FORWARD, TOE-HEEL STRUT, STEP FORWARD, ½ TURN

1&2 Step right to right, step left next to right, step right to right
3-4 Cross rock on left behind right as body makes a ¼ turn left, step forward on right
5-6 Touch left toe forward, drop left heel (shifting weight)
7-8 Step forward on right, pivot ½ turn left

SIDE SHUFFLE, CROSS ROCK INTO ¼ TURN, STEP FORWARD, TOE-HEEL STRUT, STEP FORWARD, ½ TURN

1&2 Step right to right, step left next to right, step right to right
3-4 Cross rock on left behind right as body makes a ¼ turn left, step forward on right
5-6 Touch left toe forward, drop left heel (shifting weight)
7-8 Step forward on right, pivot ½ turn left

TRAVELING HIP BUMPS, TOE-HEEL STRUTS FORWARD

1&2 Step right diagonally right and two hip bumps to right
3&4 Step left diagonally left and two hip bumps to the left
5-6 Touch right toe forward, drop right heel (shifting weight)
7-8 Touch left toe forward, drop left heel (shifting weight)

REPEAT
