## Tulsa Hip Swing

拍数： 56
壇数： 4
级数：Advanced
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音乐：The Tulsa Shuffle－The Tractors

Tap right foot forward，step left in place
Tap right foot to the right side，step left in place
Step right foot behind left
Rock step left and right virtually on the spot
Tap left foot forward，step right in place
Tap left foot to the left side，step right in place
Step left foot behind right
Rock step right and left virtually on the spot

Step right to side，lock left behind right
Step right to side，lock left behind right
Step right to side
Tap left beside right
Step left to side，lock right behind left
Step left to side，lock right behind left
Step left to side
Tap right beside left

Tap right foot forward，step left in place
Tap right foot to the right side，step left in place
Step right foot behind left
Rock step left and right virtually on the spot
Tap left foot forward，step right in place
Tap left foot to the left side，step right in place
Step left foot behind right
Rock step right and left virtually on the spot
Step forward on the right turning $1 / 4$ to the left bumping right hip diagonally forward
Bump right hip again
Bump left hip diagonally back twice
Step right foot in place turning $1 / 4$ to the right
Step left foot in place turning $1 / 4$ to the right
Step forward on right
Step left beside right

Ramble to the right（heels，toes，heels）
Hip bump to the right
Ramble to the left（heels，toes，heels）
Hip bump to the left

Step back on right
Hip bump right diagonally back
Step back on left
Hip bump left diagonally back
Step back on right
Bump right hip diagonally back ensuring you start in an upright position

47\&48 Hip bump three more times while progressively sinking lower

| 49 | Step forward on left foot |
| :--- | :--- |
| 50 | Brush right to the side |
| 51 | Step forward on right |
| 52 | Brush left to side |
| 53 | Step forward on left |
| 54 | Brush right to side |
| 55 | Step right beside left |
| 56 | Step left in place |

## REPEAT

